

VIEW FROM THE VALLEY

VOLUME 18 - ISSUE 02

MAGAZINE



EMPLOYEE SPOTLIGHT
FIND YOUR TRIBE
CAMPUS LIFE AT WVC
AND MORE!

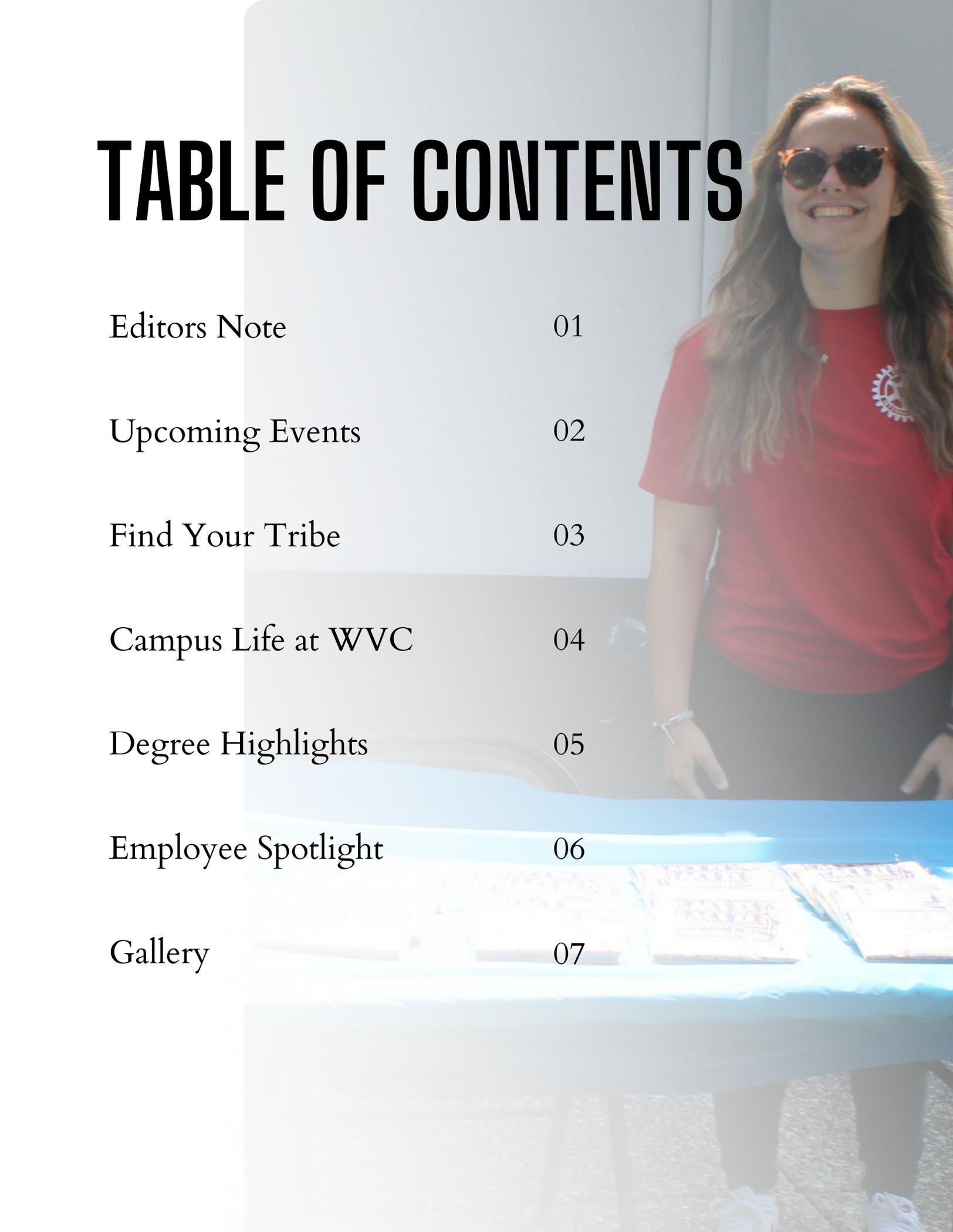


AUGUST-SEPTEMBER 2023

“Every new
beginning
comes from
some other
beginning’s
end.”

SENECA

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A woman with long brown hair, wearing sunglasses and a red t-shirt with a circular logo, stands behind a table covered with a white cloth. On the table are several brochures or pamphlets. The background is a plain, light-colored wall.

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EDITOR'S NOTE

Greetings from the editor's desk at "View From The Valley," your window into all things Wabash Valley College (WVC)!

With the dawn of a new academic year upon us, I'm thrilled to be your guide through the exciting pages of our newsletter. I'm Quianna (pronounced key-anna) McGee, and it's my honor to be your editor.

As we step into this fresh chapter, there's a palpable sense of anticipation in the air, reminiscent of the changing seasons. Just like nature's transformation, each school year promises new beginnings, unexplored opportunities, and the chance to connect with our college community in unique ways.

"View From The Valley" is our canvas, showcasing the colors and stories that define WVC. It's where we celebrate achievements, uncover talents, and dive into the diverse narratives that make our college exceptional. As we venture into this academic season, let's toast to fresh starts, uncharted paths, and the bonds that unite us.

Here's to a year filled with inspiring discoveries, unwavering determination, and meaningful connections. Thank you for letting me be a part of your journey through the View From The Valley.

Warm regards,



UPCOMING EVENTS

September 4, 2023

Labor Day - WVC is Closed

September 7, 2023

Warrior Club Event

September 9, 2023

Soccer on the Field with Student Life

September 18, 2023

Lady Warriors Volleyball*
vs. Lincoln Trail

September 20, 2023

Lady Warriors Volleyball*
vs. Southwestern Illinois College

September 27, 2023

Lady Warriors Soccer*
vs. Lewis Clark Community College

Lady Warriors Volleyball*
vs. Shawnee Community College

Be sure to follow us on social media for event reminders,
game schedule changes, Student activities, and more!

FIND YOUR TRIBE

RYLAN ROBB

Students are in class and back in action at Wabash Valley! But on August 28, the textbooks were closed, and the festivities were set up for the first on campus, student-focused event . WVC's Find Your Tribe event took place from 11:00 a.m. to 1:00 p.m., located outside of the Student Lounge. This event was for students to find clubs they were interested in joining in hopes to help make them the most successful they can be! Various clubs like Student Senate and Social Services were at the event explaining the different aspects and benefits of their club. There were lots of sign-up sheets for prospective members to sign their name and join their chosen tribe. The newly formed Student Physical Therapist Assistant Club, or SPTA club for short, was in attendance for the first time ever. Club Advisor Lisa Hoipkemier was there with plenty of club members challenging fellow students to a race with a catch; each student had to race with crutches!

There were other additional activities for students to engage in like cornhole and volleyball. The volleyball net was a great addition on a nice, sunny day filled with laughs and smiles; if the volleyball just didn't hit the trees so much, then it would've gotten really crazy! After a match of volleyball or an exciting crutch race, a nacho bar and other snacks were set up for all to enjoy. After a tasty lunch, it was time to head back to class. It was a great and a successful event for both the student clubs and the students themselves!



DISCOVER THRIVING CAMPUS LIFE AT WVC!

Hey there, Warriors! We know you're eager to dive into your college experience at WVC, and boy, do we have an exciting journey ahead for you! Campus life isn't just a chapter in your academic adventure; it's a world filled with opportunities, connections, and memories waiting to be made.

Get Involved, Get Connected: First things first, we want you to make the most of your time here. How? Get involved in campus activities and clubs! Whether you're into arts, sports, or community service, there's something for everyone. From the Student Senate to the Warrior Grill, our campus is buzzing with energy.

Your Oasis on Campus: Have you heard about the Student Lounge? It's your cozy hangout spot, a place where you can chill between classes, catch up with friends, or simply unwind. Plus, you can't miss the vibrant green spaces scattered across our campus. Nature's beauty is right at your doorstep, with our serene pond offering a peaceful retreat whenever you need it.

Stay in the Loop: Don't miss a beat! Stay connected with all things WVC through our website and social media channels. Follow us for updates, events, and the latest campus news. Your college experience extends beyond the classroom, and our online presence keeps you informed.

Campus life enhances your college journey. It's about forging friendships, expanding your horizons, and discovering your passions. Plus, it's where memories are born.

Friendly Faces Everywhere: Our campus is a community, and we encourage you to show a friendly face. Whether you're saying hello to a fellow student or sharing a smile with our staff, positivity is contagious.

Support When You Need It: Feeling overwhelmed? Remember, you're not alone. We've got your back! Our counseling services are here to lend a helping hand when life gets tough.

So, Warriors, your college experience at WVC is bound to unfold like a thrilling adventure. Embrace it, savor it, and make the most of every moment. Campus life is a vibrant tapestry waiting for you to weave your own unique story.

Welcome to Wabash Valley College – where your journey begins!



DEGREE HIGHLIGHTS

in pictures

AGRICULTURE



PHYSICAL THERAPY



RADIO/MEDIA



EMPLOYEE SPOTLIGHT

RYLAN ROBB



Rachel Refenes is the new Head Volleyball Coach and Student Life Coordinator at Wabash Valley College. Rachel is originally from Menomonee Falls, WI, but moved south to

play collegiate volleyball at Ole Miss. She played there throughout her freshman and sophomore seasons, then transferring to Ball State. Her last two years of volleyball were played there, and she graduated from Ball State with a degree in Liberal Arts. After graduating, she decided to play volleyball professionally overseas in Europe for one season. She then moved to Bethlehem, PA for her first college coaching job and has lived on the east coast since then for the last 16 years. “I didn't know I was going to be a coach,” Rachel explained. “I thought I would play professional volleyball until my body couldn't anymore, but pro wasn't a good fit for my personality. I was working at a doggy daycare when a friend challenged me to get into college coaching. I got my first assistant job at Lehigh University and that was it.” She has coached for multiple different colleges in her coaching career, like Binghamton University. Last year, before coming to WVC, she was a stay-at-home mom and coached for a local club.

In coming to WVC, she believed it provided a place for her and the team could win. She also felt a two-year school would be a good fit for her and her family. “Working with my team and the athletic department has been great this past month. The student life coordinator position has been a great fit for my personality because I enjoy learning new things and meeting people. I have met a lot of faculty, staff, and students that I otherwise might not have. I'm looking forward to contributing to the school in these new roles,” Rachel said when asked about her new roles on campus.

Q&A

Q: What do you hope to instill in the students and players around you?

A: “I hope to instill a belief in something bigger than themselves. I want to teach life skills like hard work, focus, intentionality and trust through the game.”

Q: What's a fun fact about you?

A: “I enjoy spending time with my husband and kids. I like rollerblading, nature hikes with our dog.”

Q: What's your favorite part about volleyball?

A: “I love that volleyball is the epidemy of a team sport. Competing with your team toward the common goal of winning and leaving it all on the court each match is an unbelievable experience I want my teams to have.”



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