

## **Crisis Services**

**Clay, Crawford, Edwards, Effingham, Jasper, Lawrence, Richland, and Wabash Counties-** Lawrence County Health Department-

Day time 618-943-3302

After Hours Crisis Line 618-943-5766

Text Line 1-855-524-2428

**Wayne County-** Egyptian Behavioral Health Fairfield Office- 618-516-5326

**Medicaid-students with Illinois Medicaid up to age 21-**

Screening Assessment and Supportive Services (SASS)- Cares Line 1-800-345-9049

**988 Suicide and Crisis Lifeline-Text/Call 988-Nationwide**

Live Online chat [988 Suicide & Crisis Lifeline - Call. Text. Chat. \(988lifeline.org\)](https://www.988lifeline.org)

**Crisis Text Line- Text HELLO to: 741741.** The Crisis Text Line serves anyone nationwide, in any type of crisis, 24-hours a day. Trained crisis counselors will respond and help you.

## **Counseling/Therapy Services**

### **Clay County**

#### **CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC**

165 Kinnaman Drive  
Flora, IL 62839  
618-662-8386

Provide counseling for a variety of mental health issues. Serve adults, adolescents and children.

#### **CLAY COUNTY HOSPITAL**

Clay City Clinic  
939 Sunset Rd SW  
Clay City, IL 62824  
618-662-2131  
1-800-762-2309

Provides treatment for a variety of mental health issues for adults, adolescents, children and couples. Substance abuse treatment is also available.

## **Crawford County**

### **LIFESTANCE HEALTH THERAPISTS & PSYCHIATRISTS**

Jodi Wiman, LCPC  
Max Smith, LPC  
103 W. Main St, Suites 5&6  
Oblong, IL 62449  
630-428-7890

LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments, covered by insurance.

### **HOPE AND HEALING COUNSELING**

Robinson First United Methodist Church  
Angela Newlin, LPC  
201 W. Walnut St.  
Robinson, IL 62454  
618-469-1020

SERVICES OFFERED: Individual Counseling Sessions, Christian Counseling, Child & Adolescent Counseling, Play Therapy, Sand Tray Therapy \*Private pay only.

### **HAVEN THERAPY PRACTICE**

Marcia Thorsen, LCPC  
110 S. Garfield St  
Oblong, IL 62449  
618-421-5588

Provides therapy services for children, adolescents, young adults, and adults, with depression and anxiety, trauma/PTSD, parenting, individuals with neurodiversity, relationship issues/couples counseling, life transitions, difficulties with self-esteem, professional/career issues, college/school issues, stress management, sexual abuse, spirituality, and therapy for grief, loss, or bereavement. \*Private pay only.

### **LAWRENCE COUNTY HEALTH DEPARTMENT-BEHAVIOR HEALTH CLINIC**

Crawford County Office  
204 W. Highland Ave  
Robinson, IL 62454  
618-943-3302  
Crisis Line 618-943-5766

Providing mental health assessments, outpatient mental health treatment, substance abuse evaluations, level 1 treatment-individual and group, DUI assessments and updates, risk education classes, and psychosocial rehabilitation services.

### **AGAPE CHRISTIAN COUNSELING**

Highland Christian Church  
Rich Swisher, LCSW  
500 W. Highland Ave  
Robinson, IL 62454  
618-553-2622

Provides substance abuse, mental health and Christian counseling services for individuals, couples, families. It also provides EMDR therapy to address mental health and substance abuse issues.

### **COUNSELING AND INFORMATION FOR SEXUAL ASSAULT/ABUSE (CAISA)**

10499 State Highway 1  
Robinson, IL 62454  
618-544-9379  
Hotline: 1-888-345-2846

Provides free and confidential services to survivors of sexual violence and their significant others in Crawford, Edwards, Jasper, Lawrence, Richland and Wabash Counties. Services include Legal Advocacy, Medical Advocacy, Case Management, Prevention Education Services and Trauma Informed Counseling.

### **Jasper County**

#### **JASPER COUNTY HEALTH DEPARTMENT- BEHAVIORAL HEALTH**

910 S. Van Buren St  
Newton, IL 62448  
618-783-4154

Mental Health services for a variety of conditions for individuals, couples, and families. Substance abuse and addiction services including DUI evaluations.

#### **MIDDLE WAY PSYCHIATRY**

Amelia Pauley, PMHNP-BC  
Currently only virtual services  
618-720-0159

The intention behind Middle Way Psychiatry is to successfully treat a range of mental health disorders using a holistic approach. Conditions treated include anxiety, OCD, depression, mood disorders, trauma

disorders, and more. Specialized services include Spiritually Integrated Psychotherapy, medication management, micronutrient testing, supplementation, genetic testing, & mind/body work.

## **Lawrence County**

### **LAWRENCE COUNTY HEALTH DEPARTMENT-BEHAVIOR HEALTH CLINIC**

2101 James St  
Lawrenceville, IL 62439  
618-943-3302  
Crisis Line 618-943-5766

Providing mental health assessments, outpatient mental health treatment, substance abuse evaluations, level 1 treatment-individual and group, DUI assessments and updates, risk education classes, and psychosocial rehabilitation services.

### **RESILIENT COUNSELING**

Andrew Caldwell, LCPC  
813 12th Street  
Lawrenceville, IL 62439  
618-510-9131

Specializes in anxiety, depression and couples counseling. Sees adults and adolescents.

### **LAWRENCE COUNTY MEMORIAL HOSPITAL PRIMARY CARE CLINIC**

2111 Lexington Ave  
Lawrenceville, IL 62439  
618-943-7283

Provides services for a variety of mental health and substance abuse disorders to all age groups.

### **RED HILLS COUNSELING CENTER**

Ana Villar, LCSW  
850-404-2159

Provides services to adults and children for a variety of mental health issues. Provider is bilingual-fluent in English and Spanish. Currently providing tele therapy services only.

## **Richland County**

**CARLE OLNEY PRIMARY CARE CLINIC**

363 N. West Street  
Olney, IL 62450  
618-392-9400

Offers a wide range of mental health services and treatment options for addressing mental health concerns, such as anxiety, depression, Post Traumatic Stress Disorder (PTSD) and adjustment disorders.

**COLWELL COUNSELING & CONSULTING SERVICES, INC.**

Cheryl Cowell, LCPC  
302 S. Kitchell Avenue, Suite A  
Olney, IL 62450  
618-392-8255

Works with ages 5 and up by providing individual, family and couples' therapy. Works with clients experiencing depression, anxiety, stress, divorce, family problems, low self-esteem, Bipolar, ADHD, and more.

**COUNSELING AND INFORMATION FOR SEXUAL ASSAULT/ABUSE (CAISA)**

205 E. Main Street  
Olney, IL 62450  
618-879-2130  
Hotline: 1-888-345-2846

Provides free and confidential services to survivors of sexual violence and their significant others in Crawford, Edwards, Jasper, Lawrence, Richland and Wabash Counties. Services include Legal Advocacy, Medical Advocacy, Case Management, Prevention Education Services and Trauma Informed Counseling.

**GRACE SUPPORT GROUP FOR MENTAL ILLNESS**

Grace Church  
5520 N. IL 130,  
Olney, IL 62450  
618-783-1198

Mental Health Support Group

**JASPER COUNTY HEALTH DEPARTMENT - BEHAVIORAL HEALTH**

Richland County Office  
405 S. Whittle, Avenue  
Olney, IL 62450  
618-783-4154

Mental Health services for a variety of conditions for individuals, couples, and families. Substance abuse and addiction services including DUI evaluations.

### **LESLIE ATKINS MENTAL AND BEHAVIORAL HEALTH**

308 S Kitchell Avenue  
Olney, IL 62450  
618-707-4531

Leslie Atkins is an LCPC who provides mental and behavioral health services in Olney, IL, treating a wide range of mental health problems, including stress, anxiety, depression, personality disorders, substance abuse, gambling, and relationships.

#### **LIFELINKS**

SIHF - Weber Medical  
1200 N. East Street  
Olney, IL 62450  
217-238-5700

Crisis line: 866-567-2400

Outpatient Behavioral Health Counseling, EMDR, Health Education and Promotion Services, WRAP, linkage to primary care and psychiatry services. Additional campuses in Charleston, Mattoon, Effingham, Salem and Vandalia.

### **BRANDEE L HAHN COUNSELING**

302 S Kitchell Ave  
Olney, IL 62450  
618-417-7012

Brandee Hahn is a Licensed Clinical Professional Counselor (LCPC) who provides psychotherapy for a wide range of issues such as anxiety, depression, adjustment to change/life transitions, stress, perfectionism, self-esteem/self-worth, loss/grief, marriage problems, infidelity, divorce, other relationship issues/conflict, trauma (including PTSD), sexual abuse/assault, emotional and physical abuse and neglect, domestic abuse, self-harm, suicidality, personality disorders, eating concerns/body image, spirituality and more.

### **LIVING WELL COUNSELING AND THERAPY SOLUTIONS**

Sandra Burke, LCPC

Erin Burgener, LCSW  
Kalei Berry, LSW  
302 S Kitchell Ave, Suite B  
Olney, IL 62450  
618-354-0878

Living Well Counseling and Therapy Solutions Inc. is a Christian based counseling agency that works to address obstacles and aid our clients' mental, physical, and spiritual wellbeing as well as achieve a healthy and balanced lifestyle.

### **ONE HOPE UNITED**

218 E Main St.  
Olney, IL 62450  
618-395-8656

SASS, CCBYS, and individual counseling for clients with Medicaid.

### **Wabash County**

#### **WABASH COMMUNITY HEALTH CENTER**

1123 Chestnut St  
Mt. Carmel, IL 62863  
618-263-4970

Behavioral health services at Wabash Community Health Center include help with anger management, parenting, mood instability, depression, anxiety, suicide thoughts, substance abuse and relapse prevention, sleep problems, relationship conflicts, attention difficulties and DUI classes.

#### **LIVING HOPE COUNSELING CENTER**

Amber McGinnis, LCPC  
306 N Market ST, Suite 104  
Mt. Carmel, IL 62863  
618-240-6517

### **Wayne County**

#### **EGYPTIAN BEHAVIORAL HEALTH- FAIRFIELD OFFICE**

407 N Basin Rd  
Fairfield, IL 62837  
618-516-5326

Provides full-service, outpatient treatment programs for adults of any age who are facing depression, anxiety, or other mental health concerns.

### **HORIZON HEALTHCARE-FAIRFIELD MEMORIAL HOSPITAL- BEHAVIORAL HEALTH**

213 NW 10th St. Suite A  
Fairfield, IL 62837  
618-842-4617

The Outpatient Behavioral Health Therapy program focuses on providing counseling services to individuals, couples and families, including children, teens, and adults. Those dealing with anxiety, depression, family conflict, medical illness, and behavioral difficulties will benefit from the program and those with a more severe mental health diagnosis.

### **CHRISTOPHER RURAL HEALTH PLANNING CORPORATION- FAIRFIELD COMMUNITY HEALTH CENTER**

209 NW 11th St  
Fairfield, IL 62837  
618-842-4470

Provide counseling for a variety of mental health issues. Serve adults, adolescents and children.

### **SEXUAL ASSAULT AND FAMILY EMERGENCIES (SAFE)**

4114 N. Water Tower Pl, Ste. G  
Mount Vernon, IL 62864  
618-316-7017  
24 Hour Sexual Assault Hotline: 1-800-625-1414

Offer medical/legal advocacy and counseling services to survivors, regardless of how much time has passed since the assault; counseling services to any support person, regardless of whether the survivor themselves is receiving SAFE services; and school and community education, training for professionals, and community outreach services to any individual or organization interested

### **Psychiatry/Medication Management**

#### **CARLE OLNEY PRIMARY CARE CLINIC**

363 N. West Street,  
Olney, IL 62450  
618-392-9400

#### **CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC**

165 Kinnaman Drive  
Flora, IL 62839



618-662-8386

**CHRISTOPHER RURAL HEALTH PLANNING CORPORATION- FAIRFIELD COMMUNITY HEALTH CENTER**

209 NW 11th St  
Fairfield, IL 62837  
618-842-4470

**CLAY COUNTY HOSPITAL**

Clay City Clinic  
939 Sunset Rd SW  
Clay City, IL 62824  
618-662-2131  
1-800-762-2309

**CRAWFORD MEMORIAL HOSPITAL**

1000 N. Allen St  
Robinson, IL 62454  
618-544-3131

**MIDDLE WAY PSYCHIATRY**

Amelia Pauley, PMHNP-BC  
Currently only virtual services  
618-720-0159

**SIHF BEHAVIORAL HEALTH**

Weber Medical  
1200 N. East Street  
Olney, IL 62450  
618-395-5222

**YANCI SHROYER**

Psychiatric Mental Health Nurse Practitioner  
1707 E. Main St., Suite 2  
Olney, IL 62450  
618-879-2150

**WABASH COMMUNITY HEALTH CENTER**

1123 Chestnut St  
Mt. Carmel, IL 62863  
618-263-4970

## **Mental Health Hotlines**

### **Illinois Warm Line 1-866-359-7953**

Monday-Saturday 8:00am-8:00pm

### **Illinois Helpline for Opioids & Other Substances 1-833-2FINDHELP (1-833-234-6343)**

### **Gambling Problems- 1-800-GAMBLER (1-800-426-2537)**