

Crisis Services

Clay, Crawford, Edwards, Effingham, Jasper, Lawrence, Richland, and Wabash Counties- Lawrence County Health Department-

Day time 618-943-3302

After Hours Crisis Line 618-943-5766

Text Line 1-855-524-2428

Wayne County- One Hope United- 618-242-8266

Medicaid-students with Illinois Medicaid up to age 21-

Screening Assessment and Supportive Services (SASS)- Cares Line 1-800-345-9049

988 Suicide and Crisis Lifeline-Text/Call 988-Nationwide

Live Online chat [988 Suicide & Crisis Lifeline - Call. Text. Chat. \(988lifeline.org\)](https://www.988lifeline.org)

Crisis Text Line- Text HELLO to: 741741. The Crisis Text Line serves anyone nationwide, in any type of crisis, 24-hours a day. Trained crisis counselors will respond and help you.

Counseling/Therapy Services

Clay County

CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC

165 Kinnaman Drive
Flora, IL 62839
618-662-8386

Provide counseling for a variety of mental health issues. Serve adults, adolescents and children.

CLAY COUNTY HOSPITAL

Clay City Clinic
939 Sunset Rd SW
Clay City, IL 62824
618-662-2131
1-800-762-2309

Provides treatment for a variety of mental health issues for adults, adolescents, children and couples. Substance abuse treatment is also available.

Crawford County

LIFESTANCE HEALTH THERAPISTS & PSYCHIATRISTS

Jodi Wiman, LCPC
Max Smith, LPC
103 W. Main St, Suites 5&6
Oblong, IL 62449
630-428-7890

LifeStance is a national team of psychiatrists, psychologists, nurse practitioners, and licensed therapists who provide mental health treatment services for patients of all ages, telehealth and in-person appointments, covered by insurance.

HOPE AND HEALING COUNSELING

Robinson First United Methodist Church
Angela Newlin, LPC
201 W. Walnut St.
Robinson, IL 62454
618-469-1020

SERVICES OFFERED: Individual Counseling Sessions, Christian Counseling, Child & Adolescent Counseling, Play Therapy, Sand Tray Therapy *Private pay only.

HAVEN THERAPY PRACTICE

Marcia Thorsen, LCPC
110 S. Garfield St
Oblong, IL 62449
618-421-5588

Provides therapy services for children, adolescents, young adults, and adults, with depression and anxiety, trauma/PTSD, parenting, individuals with neurodiversity, relationship issues/couples counseling, life transitions, difficulties with self-esteem, professional/career issues, college/school issues, stress management, sexual abuse, spirituality, and therapy for grief, loss, or bereavement. *Private pay only.

LAWRENCE COUNTY HEALTH DEPARTMENT-BEHAVIOR HEALTH CLINIC

Crawford County Office
204 W. Highland Ave
Robinson, IL 62454
618-943-3302
Crisis Line 618-943-5766

Providing mental health assessments, outpatient mental health treatment, substance abuse evaluations, level 1 treatment-individual and group, DUI assessments and updates, risk education classes, and psychosocial rehabilitation services.

EPP ADVISORY GROUP, INC.

Leanne Goodwin, LCPC
1508 W Main St.
Robinson, IL 62454
224-678-9180

Leanne accepts clients ages 13 and above who are ready to get to know themselves, develop strategies for finding peace and healing from emotional pain, and will find a person-centered, strength-based environment in which to thrive. Mental health therapy for various conditions and various therapy modalities used.

AGAPE CHRISTIAN COUNSELING

Highland Christian Church
Rich Swisher, LCSW
500 W. Highland Ave
Robinson, IL 62454
618-553-2622

Provides substance abuse, mental health and Christian counseling services for individuals, couples, families. It also provides EMDR therapy to address mental health and substance abuse issues.

COUNSELING AND INFORMATION FOR SEXUAL ASSAULT/ABUSE (CAISA)

10499 State Highway 1
Robinson, IL 62454
618-544-9379
Hotline: 1-888-345-2846

Provides free and confidential services to survivors of sexual violence and their significant others in Crawford, Edwards, Jasper, Lawrence, Richland and Wabash Counties. Services include Legal Advocacy, Medical Advocacy, Case Management, Prevention Education Services and Trauma Informed Counseling.

Jasper County

JASPER COUNTY HEALTH DEPARTMENT- BEHAVIORAL HEALTH

910 S. Van Buren St
Newton, IL 62448
618-783-4154

Mental Health services for a variety of conditions for individuals, couples, and families. Substance abuse and addiction services including DUI evaluations.

Lawrence County

LAWRENCE COUNTY HEALTH DEPARTMENT-BEHAVIOR HEALTH CLINIC

2101 James St
Lawrenceville, IL 62439
618-943-3302
Crisis Line 618-943-5766

Providing mental health assessments, outpatient mental health treatment, substance abuse evaluations, level 1 treatment-individual and group, DUI assessments and updates, risk education classes, and psychosocial rehabilitation services.

MIDDLE WAY PSYCHIATRY

Amelia Pauley, PMHNP-BC
Currently only virtual services
618-720-0159

The intention behind Middle Way Psychiatry is to successfully treat a range of mental health disorders using a holistic approach. Conditions treated include anxiety, OCD, depression, mood disorders, trauma disorders, and more. Specialized services include Spiritually Integrated Psychotherapy, medication management, micronutrient testing, supplementation, genetic testing, & mind/body work.

RESILIENT COUNSELING

Andrew Caldwell, LCPC
813 12th Street
Lawrenceville, IL 62439
618-510-9131

Specializes in anxiety, depression and couples counseling. Sees adults and adolescents.

LAWRENCE COUNTY MEMORIAL HOSPITAL PRIMARY CARE CLINIC

2111 Lexington Ave
Lawrenceville, IL 62439
618-943-7283

Provides services for a variety of mental health and substance abuse disorders to all age groups.

RED HILLS COUNSELING CENTER

Dr. Fred White
12691 Salukis Rd

Sumner, IL 62466
618-936-2151

Provides services to adults and children for a variety of mental health issues.

Richland County

AFFINITY FAMILY HEALTH AND WELLNESS

1108 N East St
Olney, IL 62450
618-429-9470

Offering mental health counseling and psychotropic medication management to all ages.

CARLE OLNEY PRIMARY CARE CLINIC

363 N. West Street
Olney, IL 62450
618-392-9400

Offers a wide range of mental health services and treatment options for addressing mental health concerns, such as anxiety, depression, Post Traumatic Stress Disorder (PTSD) and adjustment disorders.

COLWELL COUNSELING & CONSULTING SERVICES, INC.

Cheryl Cowell, LCPC
302 S. Kitchell Avenue, Suite A
Olney, IL 62450
618-392-8255

Works with ages 5 and up by providing individual, family and couples' therapy. Works with clients experiencing depression, anxiety, stress, divorce, family problems, low self-esteem, Bipolar, ADHD, and more.

PREVAIL ILLINOIS (formerly CAISA)

205 E. Main Street
Olney, IL 62450
618-879-2130
Hotline: 1-888-345-2846

Provides free and confidential services to survivors of sexual violence and their significant others in Crawford, Edwards, Jasper, Lawrence, Richland and Wabash Counties. Services include Legal Advocacy, Medical Advocacy, Case Management, Prevention Education Services and Trauma Informed Counseling.

GRACE SUPPORT GROUP FOR MENTAL ILLNESS

Grace Church
5520 N. IL 130,
Olney, IL 62450
618-783-1198

Mental Health Support Group

JASPER COUNTY HEALTH DEPARTMENT - BEHAVIORAL HEALTH

Richland County Office
405 S. Whittle, Avenue
Olney, IL 62450
618-783-4154

Mental Health services for a variety of conditions for individuals, couples, and families. Substance abuse and addiction services including DUI evaluations.

LESLIE ATKINS MENTAL AND BEHAVIORAL HEALTH

308 S Kitchell Avenue
Olney, IL 62450
618-707-4531

Leslie Atkins is an LCPC who provides mental and behavioral health services in Olney, IL, treating a wide range of mental health problems, including stress, anxiety, depression, personality disorders, substance abuse, gambling, and relationships.

LIFELINKS

SIHF - Weber Medical
1200 N. East Street
Olney, IL 62450
217-238-5700

Crisis line: 866-567-2400

Outpatient Behavioral Health Counseling, EMDR, Health Education and Promotion Services, WRAP, linkage to primary care and psychiatry services. Additional campuses in Charleston, Mattoon, Effingham, Salem and Vandalia.

BRANDEE L HAHN COUNSELING

302 S Kitchell Ave
Olney, IL 62450
618-417-7012

Brandee Hahn is a Licensed Clinical Professional Counselor (LCPC) who provides psychotherapy for a wide range of issues such as anxiety, depression, adjustment to change/life transitions, stress, perfectionism, self-esteem/self-worth, loss/grief, marriage problems, infidelity, divorce, other relationship issues/conflict, trauma (including PTSD), sexual abuse/assault, emotional and physical abuse

and neglect, domestic abuse, self-harm, suicidality, personality disorders, eating concerns/body image, spirituality and more.

LIVING WELL COUNSELING AND THERAPY SOLUTIONS

Sandra Burke, LCPC
Erin Burgener, LCSW
Kalei Berry, LSW
302 S Kitchell Ave, Suite B
Olney, IL 62450
618-354-0878

Living Well Counseling and Therapy Solutions Inc. is a Christian based counseling agency that works to address obstacles and aid our clients' mental, physical, and spiritual wellbeing as well as achieve a healthy and balanced lifestyle.

ONE HOPE UNITED

218 E Main St.
Olney, IL 62450
618-395-8656

SASS, CCBYS, and individual counseling for clients with Medicaid.

Wabash County

WABASH COMMUNITY HEALTH CENTER

1123 Chestnut St
Mt. Carmel, IL 62863
618-263-4970

Behavioral health services at Wabash Community Health Center include help with anger management, parenting, mood instability, depression, anxiety, suicide thoughts, substance abuse and relapse prevention, sleep problems, relationship conflicts, attention difficulties and DUI classes.

LIVING HOPE COUNSELING CENTER

Amber McGinnis, LCPC
306 N Market ST, Suite 104
Mt. Carmel, IL 62863
618-240-6517

Wayne County

EGYPTIAN BEHAVIORAL HEALTH- FAIRFIELD OFFICE

407 N Basin Rd
Fairfield, IL 62837
618-516-5326

Provides full-service, outpatient treatment programs for adults of any age who are facing depression, anxiety, or other mental health concerns.

HORIZON HEALTHCARE-FAIRFIELD MEMORIAL HOSPITAL- BEHAVIORAL HEALTH

213 NW 10th St. Suite A
Fairfield, IL 62837
618-842-4617

The Outpatient Behavioral Health Therapy program focuses on providing counseling services to individuals, couples and families, including children, teens, and adults. Those dealing with anxiety, depression, family conflict, medical illness, and behavioral difficulties will benefit from the program and those with a more severe mental health diagnosis.

CHRISTOPHER RURAL HEALTH PLANNING CORPORATION- FAIRFIELD COMMUNITY HEALTH CENTER

209 NW 11th St
Fairfield, IL 62837
618-842-4470

Provide counseling for a variety of mental health issues. Serve adults, adolescents and children.

SEXUAL ASSAULT AND FAMILY EMERGENCIES (SAFE)

4114 N. Water Tower Pl, Ste. G
Mount Vernon, IL 62864
618-316-7017
24 Hour Sexual Assault Hotline: 1-800-625-1414

Offer medical/legal advocacy and counseling services to survivors, regardless of how much time has passed since the assault; counseling services to any support person, regardless of whether the survivor themselves is receiving SAFE services; and school and community education, training for professionals, and community outreach services to any individual or organization interested

Psychiatry/Medication Management

AFFINITY FAMILY HEALTH AND WELLNESS

1108 N East St
Olney, IL 62450
618-429-9470

CARLE OLNEY PRIMARY CARE CLINIC

363 N. West Street,
Olney, IL 62450
618-392-9400

CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC

165 Kinnaman Drive
Flora, IL 62839
618-662-8386

CHRISTOPHER RURAL HEALTH PLANNING CORPORATION- FAIRFIELD COMMUNITY HEALTH CENTER

209 NW 11th St
Fairfield, IL 62837
618-842-4470

CLAY COUNTY HOSPITAL

Clay City Clinic
939 Sunset Rd SW
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1-800-762-2309

CRAWFORD MEMORIAL HOSPITAL

1000 N. Allen St
Robinson, IL 62454
618-544-3131

MIDDLE WAY PSYCHIATRY

Amelia Pauley, PMHNP-BC
Currently only virtual services
618-720-0159

SIHF BEHAVIORAL HEALTH

Weber Medical
1200 N. East Street
Olney, IL 62450
618-395-5222

YANCI SHROYER

Psychiatric Mental Health Nurse Practitioner
1707 E. Main St., Suite 2
Olney, IL 62450
618-879-2150

WABASH COMMUNITY HEALTH CENTER

1123 Chestnut St
Mt. Carmel, IL 62863
618-263-4970

Mental Health Hotlines

Illinois Warm Line 1-866-359-7953

Monday-Saturday 8:00am-8:00pm

Illinois Helpline for Opioids & Other Substances 1-833-2FINDHELP (1-833-234-6343)

Gambling Problems- 1-800-GAMBLER (1-800-426-2537)