

Take Care of Your MENTAL HEALTH



Crisis Services

- Clay, Crawford, Edwards, Effingham, Jasper, Lawrence, Richland, and Wabash Counties- **Lawrence County Health Department-**
Day time 618-943-3302
After Hours Crisis Line 618-943-5766
Text Line 1-855-524-2428
- Wayne County- **Egyptian Behavioral Health Fairfield Office-** 618-516-5326
- Medicaid-students with Illinois Medicaid up to age 21- **Screening Assessment and Supportive Services (SASS)- Cares Line** 1-800-345-9049
- 988 Suicide and Crisis Lifeline-Text/Call 988- Nationwide
- Crisis Text Line- Text HELLO to: 741741. The Crisis Text Line serves anyone nationwide, in any type of crisis, 24-hours a day. Trained crisis counselors will respond and help you.

HOTLINES

ILLINOIS WARM LINE
1-866-359-7953
MONDAY-SATURDAY
8:00AM-8:00PM

ILLINOIS HELPLINE FOR OPIOIDS & OTHER SUBSTANCES
1-833-2FINDHELP (1-833-234-6343)

GAMBLING PROBLEMS
1-800-GAMBLER (1-800-426-2537)

MENTAL HEALTH RESOURCES



ILLINOIS EASTERN COMMUNITY COLLEGES



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HOLLY O'BRIEN ACSW LCSW
MENTAL HEALTH SPECIALIST
ILLINOIS EASTERN COMMUNITY COLLEGES
305 N WEST ST.
OLNEY, IL 62450
618-395-7777 EXT. 2242
EMAIL: OBRIENH@IECC.EDU



COUNSELING/THERAPY

CLAY COUNTY

- CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC
618-662-8386
- CLAY COUNTY HOSPITAL-CLAY CITY CLINIC
618-662-2131

CRAWFORD COUNTY

- LIFESTANCE HEALTH THERAPISTS & PSYCHIATRISTS
630-428-7890
- HOPE AND HEALING COUNSELING ROBINSON FIRST UNITED METHODIST CHURCH- ANGELA NEWLIN, LPC
618-469-1020
- HAVEN THERAPY PRACTICE MARCIA THORSEN, LCPC
618-421-5588
- LAWRENCE COUNTY HEALTH DEPARTMENT-BEHAVIOR HEALTH CLINIC CRAWFORD COUNTY OFFICE
618-943-3302
CRISIS LINE 618-943-5766
- AGAPE CHRISTIAN COUNSELING HIGHLAND CHRISTIAN CHURCH RICH SWISHER, LCSW
618-553-2622

- **COUNSELING AND INFORMATION FOR SEXUAL ASSAULT/ABUSE (CAISA)**
618-544-9379
HOTLINE: 1-888-345-2846

JASPER COUNTY

- JASPER COUNTY HEALTH DEPARTMENT-BEHAVIORAL HEALTH
618-783-4154
- MIDDLE WAY PSYCHIATRY AMELIA PAULEY PMHNP-BC
618-720-0159

LAWRENCE COUNTY

- LAWRENCE COUNTY HEALTH DEPARTMENT-BEHAVIOR HEALTH CLINIC
618-943-3302
- RESILIENT COUNSELING ANDREW CALDWELL, LCPC
618-510-9131
- LAWRENCE COUNTY MEMORIAL HOSPITAL-PRIMARY CARE CLINIC
618-943-7283
- RED HILLS COUNSELING CENTER ANA VILLAR, LCSW
850-404-2159

RICHLAND COUNTY

- CARLE OLNEY PRIMARY CARE CLINIC
618-392-9400
- COLWELL COUNSELING & CONSULTING SERVICES, INC.
CHERYL COWELL, LCPC
618-392-8255
- COUNSELING AND INFORMATION FOR SEXUAL ASSAULT/ABUSE (CAISA)
618-879-2130
HOTLINE: 1-888-345-2846
- JASPER COUNTY HEALTH DEPARTMENT - BEHAVIORAL HEALTH
618-783-4154
- LESLIE ATKINS MENTAL AND BEHAVIORAL HEALTH
618-707-4531
- LIFELINKS SIHF - WEBER MEDICAL
217-238-5700
- BRANDEE L HAHN COUNSELING
618-417-7012
- LIVING WELL COUNSELING AND THERAPY SOLUTIONS
618-354-0878
- ONE HOPE UNITED
618-395-8656

WABASH COUNTY

- WABASH COMMUNITY HEALTH CENTER
618-263-4970
- LIVING HOPE COUNSELING CENTER, AMBER MCGINNIS, LCPC
618-240-6517

WAYNE COUNTY

- EGYPTIAN BEHAVIORAL HEALTH
618-516-5326
- HORIZON HEALTHCARE
618-842-4617
- CHRISTOPHER RURAL HEALTH PLANNING CORPORATION- FAIRFIELD COMMUNITY HEALTH CENTER
618-842-4470
- **SEXUAL ASSAULT AND FAMILY EMERGENCIES (SAFE)**
618-316-7017
24 HOUR SEXUAL ASSAULT HOTLINE:
1-800-625-1414

PSYCHIATRY

- **CARLE OLNEY PRIMARY CARE CLINIC**
618-392-9400
- **CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC**
618-662-8386
- **CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-FAIRFIELD COMMUNITY HEALTH CENTER**
618-842-4470
- **CLAY COUNTY HOSPITAL CLAY CITY CLINIC**
618-662-2131
1-800-762-2309
- **CRAWFORD MEMORIAL HOSPITAL**
618-544-3131
- **MIDDLE WAY PSYCHIATRY AMELIA PAULEY PMHNP-BC**
618-720-0159
- **SIHF BEHAVIORAL HEALTH WEBER MEDICAL**
618-395-5222
- **YANCI SHROYER, PMHNP**
618-879-2150
- **WABASH COMMUNITY HEALTH CENTER**
618-263-4970

