



ACI's Employee Assistance Program (EAP) provides a variety of professional services to help improve mental health, reduce stress and make life easier.

## Access to Mental Health Sessions and Work-Life Referrals to Help with Personal Challenges

### EAP and Work-Life Benefits:

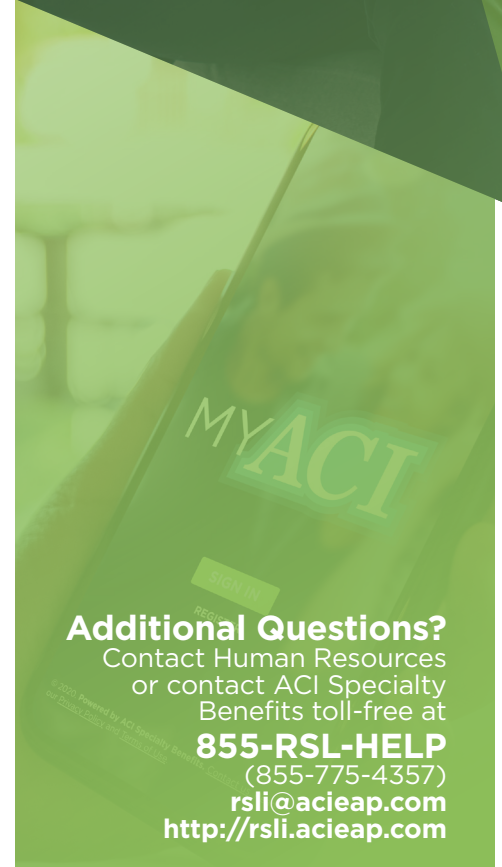
From the stress of everyday life to relationship issues or even work-related concerns, the EAP can help with any issue affecting overall health, well-being and life management.

- Up to 3 Face-to-Face, Telephonic or Video Chat Sessions for Assessment, Referral and Short-Term Problem Resolution
- **Unlimited** Child, Elder, and Pet Care Referrals
- Telephonic Legal Consultation for **Unlimited** Number of Issues per Year. Includes One 60-minute In-office or Telephonic Consultation with Local Attorney and 25% Discount for Continued Services.
- Telephonic Financial Consultation for **Unlimited** Number of Issues per Year. Includes Optional 30-day Financial Coaching Benefit with 90-day Action Plan.
- Identity Theft Prevention/Recovery. Includes 50-minute Consultation.
- Legal and Financial Online Resource Center Including Interactive Legal Document Preparation
- **Unlimited** Personal Services and Community-Based Resources Referrals
- Online Access to Library of Work-Life Topics and Resources
- Veteran Connection Referrals and Resource Website
- myACI Benefits Mobile App for iOS or Android
- Multicultural and Multilingual Providers Available Nationwide

EAP benefits are free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through ACI's 24/7, live-answer, toll-free number.

EAP services are provided by ACI Specialty Benefits, under agreement with Reliance Standard Life Insurance Company.

Reliance Standard Life Insurance Company is licensed in all states (except New York), the District of Columbia, Puerto Rico, the U.S. Virgin Islands and Guam. In New York, insurance products and services are provided through First Reliance Standard Life Insurance Company, Home Office: New York, NY. Product availability and features may vary by state.



### Additional Questions?

Contact Human Resources or contact ACI Specialty Benefits toll-free at

**855-RSL-HELP**  
(855-775-4357)

[rsli@acieap.com](mailto:rsli@acieap.com)

<http://rsli.acieap.com>

# Life comes with challenges. Your Assistance Program is here to help.

Reach out to your Assistance Program for short-term counseling, financial coaching, caregiving referrals and a wide range of well-being benefits to reduce stress, improve mental health and make life easier.

The following services are free to use, confidential, and available to you and your family members:

## **Mental Health Sessions**

Up to 3 sessions\* to help manage stress, anxiety and depression, resolve conflict, improve relationships, overcome substance abuse and address any personal issues, with options for in-person, telephonic, or video counseling sessions.

## **Life Coaching**

To help reach personal and professional goals, manage life transitions, overcome obstacles, strengthen relationships, and build balance.

## **Financial Consultation**

To help build financial wellness related to budgeting, buying a home, paying off debt, managing taxes, preventing identify theft, and saving for retirement or tuition.

## **Legal Consultation**

To help with a variety of personal legal matters including estate planning, wills, real estate, bankruptcy, divorce, custody, and more.

## **Life Management**

To provide information and referrals when seeking childcare, adoption, special needs support, eldercare, housing, transportation, education, and pet care.

## **Personal Assistant**

To help manage everyday tasks and give back time by providing information and referrals for home services, repairs, travel, entertainment, dining and personal services.

## **Medical Advocacy**

To help navigate insurance, obtain doctor referrals, secure medical equipment or transportation, and plan for transitional care and discharge.

## **Member Portal and App**

Access your benefits 24/7/365 with online requests and chat options, and explore thousands of articles, webinars, podcasts and tools covering total well-being.

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\*3 Sessions per Six Months for California Employees



## **Contact ACI Specialty Benefits**

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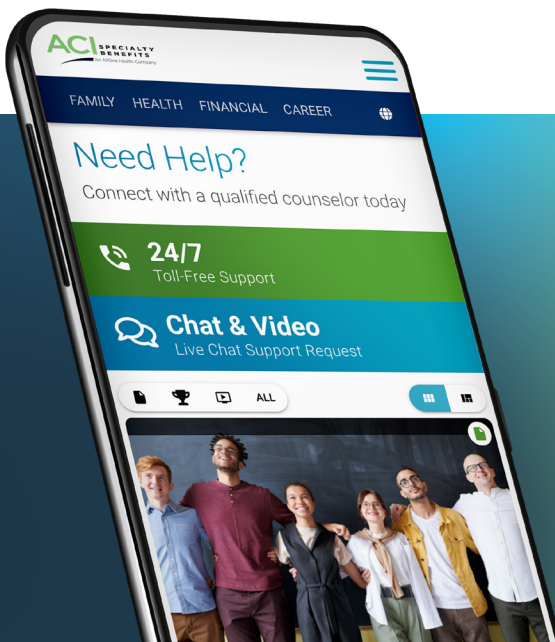
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BENEFITS  
An AllOne Health Company

RS-2506 (12/2021)



# Introducing Your Member Portal and App

Browse benefits. Request services.  
Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through your member portal and app.

## Video, Chat and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

## Thousands of Self-Care Articles and Resources

Explore videos, provider resource locators, personal assessments, calculators and tools

## Events Calendar and Free Webinars

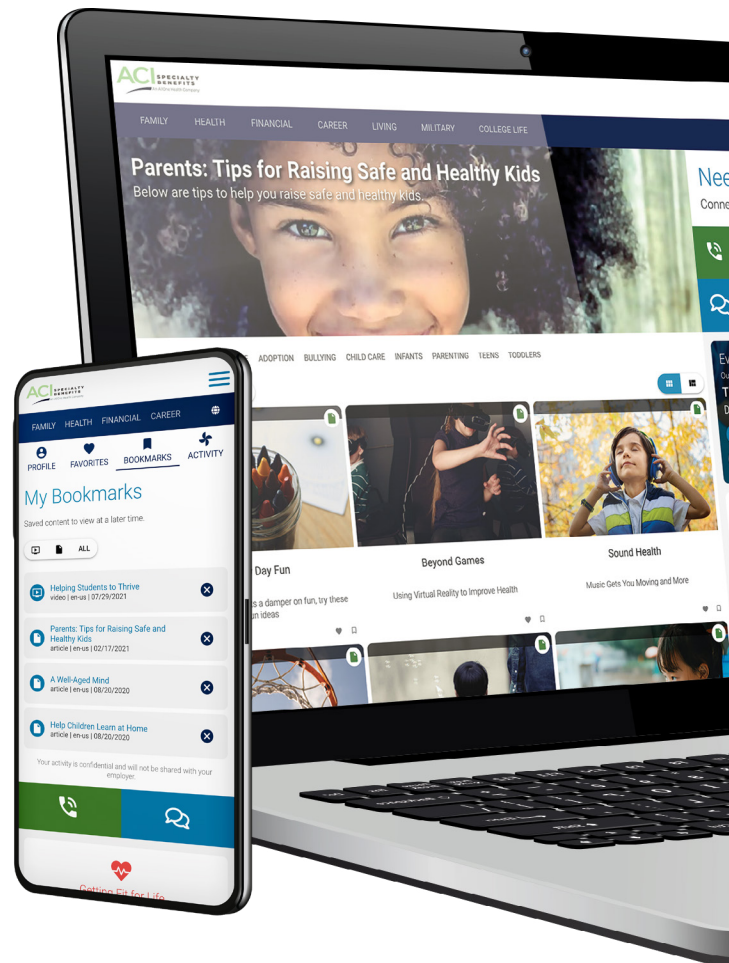
Sign up for the latest webinars and online training sessions

## Exclusive Discounts

Save money on entertainment, gifts, travel and consumer goods

## Getting Started Is Easy

1. Visit your landing page, <http://rsli.acieap.com>, and click on “Select Portal & App” in the top menu
2. Register to create a new account using your company code: **RSLI859**
3. A confirmation email will be sent to complete the process



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