



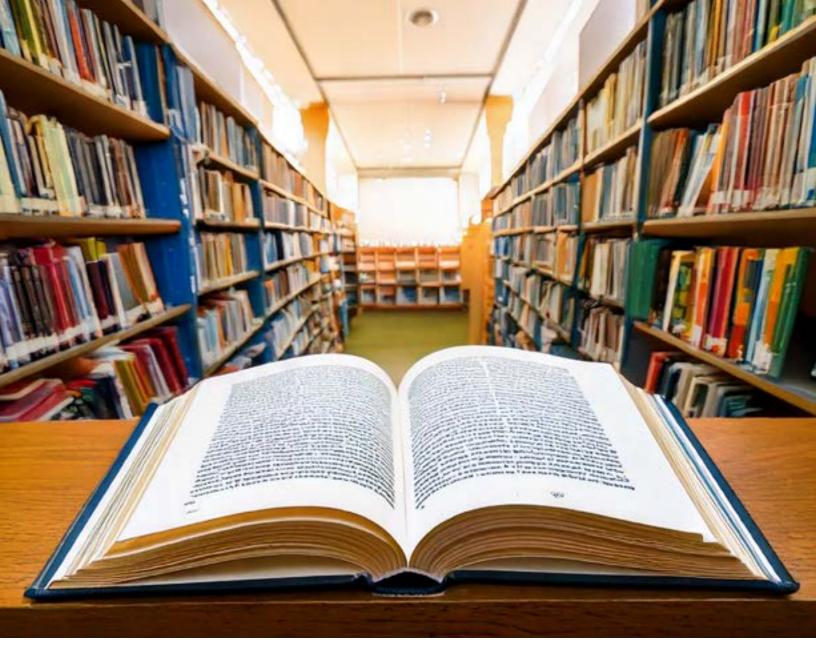






ILLINOIS EASTERN COMMUNITY COLLEGES

iecc.edu/communityed



FCC BOOK CLUB

EVERY OTHER THURSDAY | 10:00 AM | \$10 | LORI NOE FFC: LEARNING COMMONS

FCC's Book Club first meeting of the fall semester is August 28 and will meet every other week for seven weeks. The club meets in the conference room in the Learning Commons at 10:00. The first book selection of the semester will be discussed at the first meeting, so the book will be available for pick up two weeks prior to the meeting. Selections this semester are:

- August 28: How to Read a Book by Monica Wood
- September 11: Refuge: An Unnatural History of Family and Place by Terry Tempest Williams
- September 25: The River We Remember by William Kent Krueger
- October 9: A Council of Dolls by Mona Susan Power
- October 23: Starling House by Alix Harrow
- November 6: Your House Will Pay by Steph Cha
- November 20: Bird Hotel by Joyce Maynard



DEHYDRATING 101

A BEGINNER'S GUIDE TO FOOD PRESERVATION

OCTOBER 7 | 6:00-7:00 PM | \$30 | CARRIE HALBERT FFC: BOB BOYLES HALL

Learn the basics of food dehydration in this hands-on class designed for beginners! We'll explore the benefits of dehydrating, what foods work best, how to use a dehydrator, and proper storage techniques to keep your food fresh and safe. From prepping fruits and vegetables to making your own snacks and rehydrating for meals, you'll gain practical skills and confidence to start preserving your own food at home. Perfect for gardeners, meal preppers, campers, or anyone looking to reduce food waste!



BOBCAT DEN FITNESS CENTER

The Bobcat Den houses a two-level fitness center. The fitness center includes free weights, machine weights, treadmills, a rowing machine, and more. A HIIT room is located just off of the fitness center.

Fitness center memberships can be purchased from The Bobcat Den and can be used during regular hours of operation.

Fitness Center Membership Rates:

	Single	Family
Daily	\$5	\$10
Weekly	\$10	\$20
1 month	\$20	\$45
3 months	\$55	\$125
6 months	\$100	\$215

To Purchase: Call FCC Student Services at 618.842.3711



FCC FITNESS CLASSES

The Bobcat Den houses a classroom just off of the lobby that accommodates a variety of fitness classes. Since its opening in 2015, The Bobcat Den provides fitness classes for all ages and skill levels.

Currently, various skill levels of **pilates**, **yoga**, **and total body workout classes** are available this season. Check out our website for more information: https://iecc.edu/fcc/student-life/bobcat-den/fitness-classes

Prior to attending class and/or at the start of each semester, all individuals must sign and complete a registration form in Frontier Community College's Student Services Office. This applies to both packages and drop-ins.

Individuals may register for classes at FCC Student Services or by calling 618-842-3711.

Pricing & Payments

\$25 for 4 sessions

\$40 for 8 sessions

\$50 for unlimited sessions

\$8 for one-time drop-in (may be used for up to three different classes; must purchase a package plan after using a drop-in)

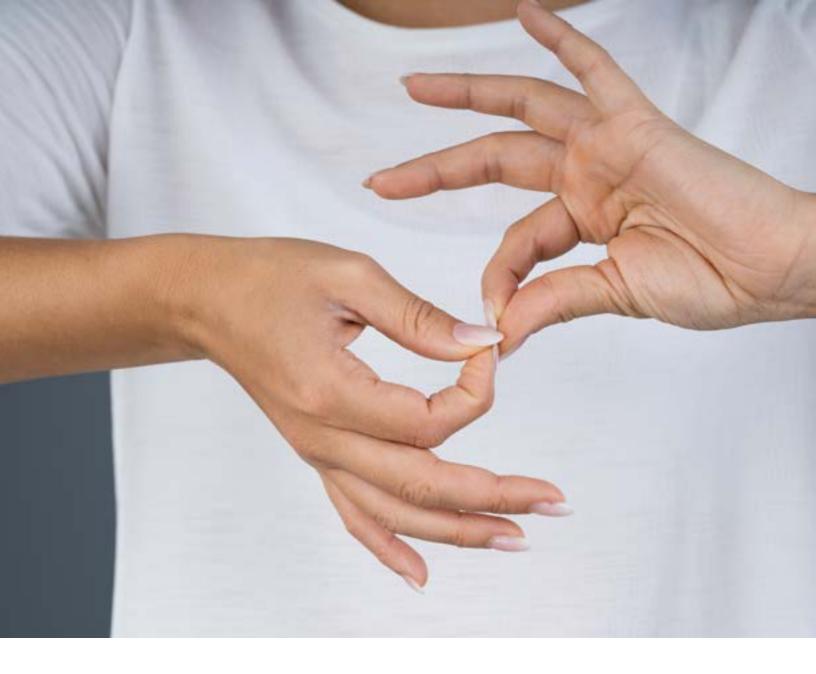
If you purchase the \$40 or \$50 package plan, you receive a free membership to The Bobcat Den's fitness center! Not only can you use these packages to attend sessions of your favorite classes, but you may also use the fitness center's amenities during regular hours of operation. Choose these package plans to receive the biggest bang for your buck!



BASKETBALL

WEDNESDAYS | 7:00-9:00 PM | \$50 | CLARK GRIFFITH NEW HOPE GRADE SCHOOL GYM

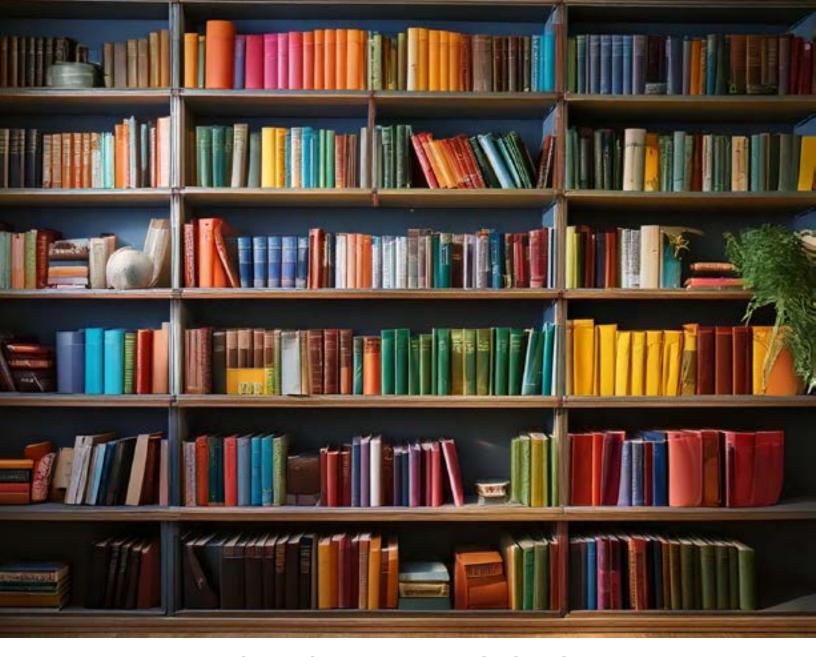
Join us at **New Hope Grade School in Fairfield, IL** for some fun and friendly competition for our Weekly Basketball Night! Open to all skill levels, this evening get-together is a great way to stay active, meet new people, and enjoy the game. Whether you're here to shoot hoops, play a full game, or just hang out, everyone is welcome.



BASIC AMERICAN SIGN LANGUAGE

THURSDAYS, SEPTEMBER 4-25 | 6:00-8:00 PM | \$45 | TONY AUSTIN LTC: LEARNING COMMONS

Unlock the World of American Sign Language! Immerse yourself in our enriching beginner's class, where you'll delve into the foundations of ASL. Master the essentials, from the alphabet and counting to days of the week, basic greetings, and everyday phrases. Through dynamic instruction and hands-on practice, gain the confidence to communicate effectively in this captivating visual language.



EAGLETON READING CIRCLE

4TH WEDNESDAY OF EACH MONTH | 6:00-8:00 PM | FREE | RENA GOWER LTC: LEARNING COMMONS

If you enjoy reading, the Eagleton Book Club is perfect for you! Each month, the group selects the next book to discuss. Call the Library at 618-546-2294 and ask what is being read this month. Grab a copy, read it, and come join us for a pleasant evening of discussion in the Eagleton Library.

To Register: Call LTC Learning Commons at 618.546.2294



DEFENSIVE DRIVINGNATIONAL SAFEETY COUNCIL NSC-4

1ST MONDAY OF EACH MONTH | 5:30-7:30 PM | \$87 | STAFF LTC BROADBAND BUILDING

Stay safe on the road with Lincoln Trail College's Defensive Driving program, designed to teach lifesaving skills that reduce risks and prevent accidents.

The course is designed to meet the needs of various audiences, such as:

- Court referrals: drivers required to attend defensive driving course.
- Corporations: employees driving company vehicles and other key personnel.
- General Public: concerned citizens who want to improve their driving safety.

To Register: Call LTC Student Services at 618.544.8657 or vist iecc.edu/ddc



JAZZ BAND

TUESDAYS | 6:00-9:00 PM | FREE | JENA COMBS LTC: LACKEY MUSIC HALL

Love music? Play an instrument? Come be a part of the LTC Jazz Band! We meet every Tuesday evening to rehearse, jam, and prepare for upcoming performances. Whether you're a seasoned player or just want to get back into music, all skill levels are welcome.

Participants may enroll for college credit at the IECC regular tuition and fee rates.



COMMUNITY CHOIR

MONDAYS | 6:00-9:00 PM | FREE | ANDREW PITTMAN LTC: LACKEY MUSIC HALL

Do you love to sing? Join the LTC Community Choir and be part of a welcoming group that celebrates music and community! Open to students and local singers of all experience levels, we rehearse weekly and perform throughout the semester.

Participants may enroll for college credit at the IECC regular tuition and fee rates.



CRAWFORD COUNTY RECREATION CENTER

Located on the Lincon Trail Community College campus, The CCRC is a facility unlike anything else in Crawford County. Our amenities have something for every age and experience level. Whether you are looking for a sports league, wanting to lift weights, swim laps, or enjoy classes with friends, our facility has a variety of options for staying active and having fun.

Fitness Center Membership Rates:

Daily Passes:		Membership Plans:	
Pool Pass	\$5	Seniors or Students	\$28/month
Student Facility Pass	\$5	Adults	\$45/month
Adult Facility Pass	\$10	Family	\$70/month
Family Facility Pass	\$25		

To Purchase: Call 618.546.2272 or visit crawfordcountyrec.com



WOODWORKING

WEDNESDAYS | 6:00-8:00 PM | \$200 | KYLE KUENSTLER
WEST RICHLAND CENTER 112

Ready to get hands-on? Join the **Community Woodworking Class at the Terry L. Bruce West Richland Center in Noble, IL** and learn the basics of woodworking in a fun, supportive environment. From beginners to experienced hobbyists, all are welcome to create, build, and gain confidence using tools and techniques.



CONCERT BAND

MONDAYS AND WEDNESDAYS | 2:15-3:30 PM | FREE | JENA COMBS

OCC: WATTLEWORTH 216

Love music? Play an instrument? Come be a part of the OCC Concert Band! We meet every Monday and Tuesday afternoon to rehearse, jam, and prepare for upcoming performances. Whether you're a seasoned player or just want to get back into music, all skill levels are welcome.

Participants may enroll for college credit at the IECC regular tuition and fee rates.



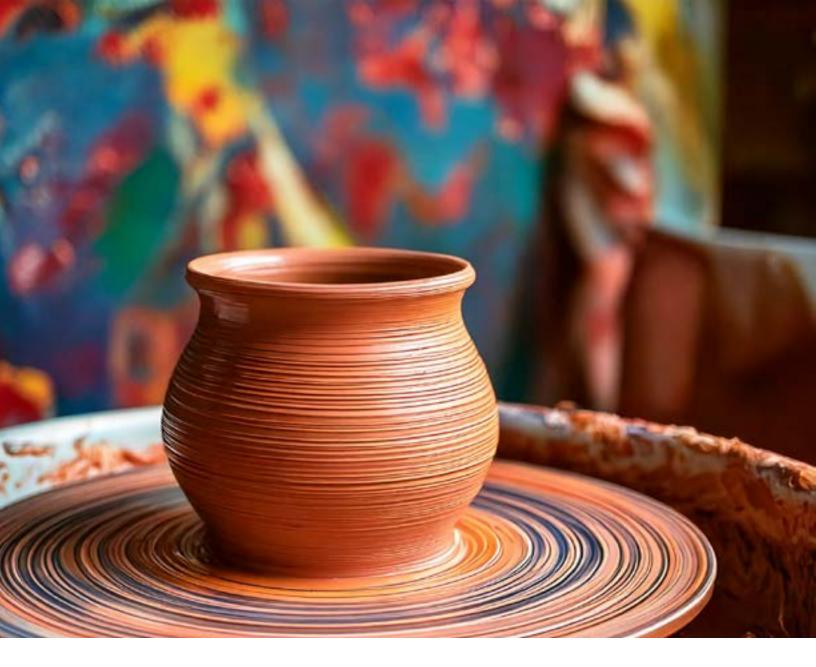
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ART OPEN STUDIO

TUESDAYS | 6:00-9:00 PM | \$96 | MARI YAMATO
OCC: CERAMICS STUDIO (AUTOMOTIVE BUILDING 621)

Unleash your creativity at the Art Open Studio **at the OCC Ceramics Studio and classroom!** Whether you're into ceramics, painting, drawing, or just want to try something new, this flexible, come-as-you-are studio time is perfect for all skill levels. Work independently with guidance from experienced instructors in a supportive, creative space.

Participants may enroll for college credit at the IECC regular tuition and fee rates.



TEEN DRIVER'S EDUCATION

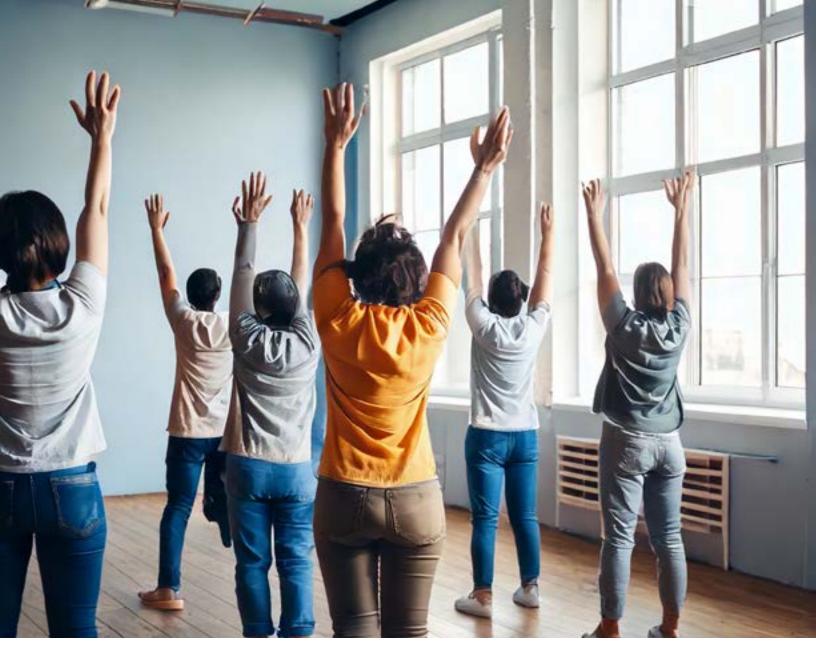
Our comprehensive Driver's Ed course is designed to provide teen drivers with the knowledge and skills needed to become a safe and responsible driver. Learn essential techniques and strategies to handle various driving situations confidently.

Course Benefits

- 30 hours of classroom instruction
- 6 hours of behind-the-wheel training
- 6 hours of observation time
- Secretary of State Behind the Wheel resources
- AAA How to Drive textbook

This program is currently only available at OCC.

To Register and get more information: Visit iecc.edu/driversed



PROGRESSIVE STRETCH

MONDAYS AND WEDNESDAYS | 4:30 OR 5:30 PM | \$70 | MELLISSA PRAY WVC: SCIENCE BUILDING 61

Join us for Progressive Stretch, a class designed to help you move better, feel stronger, and improve your overall wellness. You'll start with simple, foundational stretches and gradually progress to more advanced movements—all at your own pace.

- Learn to walk with better posture
- Improve balance and standing stability
- Use hand weights to build strength
- Promote circulation and flexibility
- Explore body composition and how it affects movement

Whether you're just starting out or looking to enhance your current routine, this class meets you where you are and helps you build from there.

To Register: Call WVC Student Services at 618.262.8641



CONCEALED CARRY CERTIFICATION AND RENEWAL

WVC offers Concealed Carry classes for both first-time certification and required recertification. Taught by certified instructors, these courses cover firearm safety, handling, and Illinois law requirements in a safe, structured environment.

List of Dates and Rates:

16 Hour Certification: \$96

September 25 & 26 (6:00- 10:00 PM) & 27 (8:00 AM- 4:00 PM) October 09 & 10 (6:00- 10:00 PM) & 11 (8:00 AM- 4:00 PM) November 13 & 14 (6:00- 10:00 PM) & 15 (8:00 AM- 4:00 PM) December 11 & 12 (6:00- 10:00 PM) & 13 (8:00 AM- 4:00 PM)

3 Hour Re-Certification: \$50September 13 (8:00AM - 11 AM)
October 18 (8:00AM - 11 AM)
November 29 (8:00AM - 11 AM)
December 20 (8:00AM - 11 AM)

To Register: Call WVC Student Services at 618.262.8641



DISCOVER DIGITAL PHOTOGRAPHY

ONLINE | SELF-GUIDED OR INSTRUCTOR MODERATED | \$130

Discover Digital Photography is designed for the novice photographer with no previous experience with digital cameras.

This course will teach you all about digital cameras, from DSLRs to smart phone cameras and what different equipment is used for. You will learn about different display methods for your camera, including sizing, print options, online storage, and how social media factors into digital photography. If you have old slides, negatives, or prints, this course will also teach you how to scan those "old school" photo assets.

After completing the course, you will understand how the process of composing photos has changed with the evolving capabilities of digital photography.



COMPUTER SKILLS FOR THE WORKPLACE

ONLINE | SELF-GUIDED OR INSTRUCTOR MODERATED | \$147

Most jobs today require a working knowledge of certain computer skills. Employers seek and reward employees who can effectively send emails, create spreadsheets, manage databases, understand memory and network limitations, and recognize the function and features of modern computer components. Any job candidate who already possesses these skills will stand above those who do not.

This course is designed to provide the fundamental computer competencies you need to survive and prosper in today's fast-changing workplace. You will learn how to implement the powers of modern office software to work faster and more efficiently. This course will also focus on practical applications for software most common to the workplace. By the time you finish, you will have learned why employers consider technological literacy so critical to the success of any organization.



HOW TO GET STARTED IN GAME DEVELOPMENT

ONLINE | SELF-GUIDED OR INSTRUCTOR MODERATED | \$144

There has never been a better time to start a career in the game development industry. Games can be found on computers, the web, gaming consoles, and virtually every mobile tablet and phone. Industry forecasts indicate that gaming will be worth close to \$100 billion dollars in the next two years. Talented, creative, and enthusiastic people are in great demand in this industry. Whether you want to start your own independent game project in your basement or work with a small creative team or for a large game development studio, this course will prepare you to start developing your own games.

You will start by learning the fundamentals of game development and get and overview of game genres, platforms, and audiences. Next, you will learn tools and techniques to help you make better design decisions and achieve greater efficiencies as you develop your own games. You will learn why many games fail and how to ensure your games are positioned for success. During the course, you will gain hands-on experience in many of the game development processes. By the end of the course, you will have the experience and confidence to start developing your own games.



SPANISH

ONLINE | SELF-GUIDED OR INSTRUCTOR MODERATED | \$143

In this online Spanish course, you will learn to converse in Spanish using common words and phrases and demonstrate the proper forms of common Spanish nouns and verbs. You will also have the opportunity to discuss Spanish culture and differences in Spanish-speaking countries while learning how to use numbers in Spanish to discuss dates, times, and money. By completing this course, you will gain confidence in your ability to converse with others in Spanish, be prepared to travel to a Spanish-speaking country and communicate effectively, and build in-demand skills that can increase your career opportunities.



STOCKS, BONDS, AND INVESTING: OH, MY!

ONLINE | SELF-GUIDED OR INSTRUCTOR MODERATED | \$141

Looking for a good solid class in the basics of stocks, bonds, finance, and investing? Haven't the slightest clue how to prepare for retirement, pay for college, or even manage your personal finances? Do you wish you could do it all without having to pay a broker or a financial advisor? Well, look no further. The class you need is right here.

Stocks, Bonds, and Investing; Oh My! is an enjoyable class that walks you through the fundamentals of investing. The course will not only teach you about the stock markets, 401k plans, and retirement, but it will also address personal financial issues that are often ignored, but absolutely essential, to your success as an investor. Each lesson explains these concepts in detail, so you understand how and why things work in the investment world. Provide yourself with the independence and confidence you will need to make your own investment decisions.



CONVERSATIONAL JAPANESE

ONLINE | SELF-GUIDED OR INSTRUCTOR MODERATED | \$130

Whether you want to learn conversational Japanese for travel or just for fun, you'll find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language.

Throughout this course, you'll gain cultural knowledge and learn useful conversational phrases and vocabulary words particular to a specific area of travel. You'll practice these in drills, interactive exercises, and dialogues. In each lesson, you'll find helpful audio aids and Japanese words written in the English alphabet. This technique will allow you to bypass one of the biggest obstacles for most beginners of Japanese: the letter system. By the end of this course, you'll have acquired basic conversational skills that enable you to travel around the country easily, and you'll have discovered the heart of Japan!

HOW TO REGISTER

To register, contact the Student Services at each campus, or visit iecc.edu/communityed

Frontier Community College: 618.842.8711

Lincoln Trail College: 618.544.8657

Olney Central College: 618.395.7777

• Wabash Valley College: 618.262.8641

TUITION AND FEES

Classes require pre-registration and payment. Registrations are not valid until payment is received.

ACCURACY

All information listed in this catalog is accurate at the time of printing and may be subject to change. Please inquire with the College for the most up-to-date information.

ENROLLMENT AND CANCELLATION

Classes and workshops are subject to cancellation if the minimum enrollment is not attained. In the event of cancellation, participants will be notified. Some classes may have limited enrollment due to space or other limitations.

