

# DEFENSIVE DRIVING: SKILLS FOR LIFE



## WHAT TO BRING

- Driver's License Number
- Social Security Number
- Black pen
- Course fee of \$87 (in either the exact amount of cash, check or money order) which covers fees and textbook. Preregister at 618-544-8657 as there is a minimum attendance requirement.

**\$87 Course Fee is Non-Refundable**

## CLASSES

Classes will be in the Broadband Telecom Applied Learning Lab (Map Pin 17),  
11220 St. Hwy 1  
Robinson, IL 62454



**Classes meet the first Monday of  
each month from 5:30-9:30 p.m.**

Preregistration required.  
Reserve your place in class by calling  
618-544-8657.



Stay safe on the road  
with Lincoln Trail  
College's Defensive  
Driving program,  
designed to teach  
lifesaving skills that  
reduce risks and  
prevent accidents.

## DEFENSIVE DRIVING

National Safety Council NSC-4

**618-544-8657**  
**[www.iecc.edu/ddc](http://www.iecc.edu/ddc)**

# NSC-4

Advantages of the Defensive Driving classroom setting:

- Personal instruction
- Classroom interaction
- Other participants' perspectives
- Excellent educational resources

This defensive driving course consists of audiovisuals to support each session, a student handbook and graphically dramatic PowerPoint presentation, plus a variety of other training materials.

*The course is conducted in one, four hour classroom session.* The major points stressed are the importance of restraints, the dangers of speeding, the results of aggressive driving, and the effects of alcohol and drugs.

The course is designed to meet the needs of various audiences, such as:

- **Court referrals:** drivers required to attend defensive driving course.
- **Corporations:** employees driving company vehicles and other key personnel.
- **General Public:** concerned citizens who want to improve their driving safety.

For more information, please call:  
**(618) 544-8657**

# CONTENT

## Session 1

**Lesson 1-1 Course Introduction**

**Lesson 1-2 What's in Our Control**

**Lesson 1-3 What Can Happen**

**Lesson 1-4 Defensive Driving and Collision Prevention**

**Lesson 1-5 Occupant Safety and Vehicle Safety Mechanisms**

## Session 2

**Lesson 2-1 Sharing the Road**

**Lesson 2-2 Hazard Recognition and the "What If?" Strategy**

**Lesson 2-3 Deadly Choice: Speeding**

**Lesson 2-4 Aggressive Driving and Road Rage**

**Lesson 2-5 Deadly Choice: Following to Closely**

## Session 3

**Lesson 3-1 Deadly Choice: Distracted Driving**

**Lesson 3-2 Deadly Choices: Vehicle and Lane Management**

**Lesson 3-2 Substance Impairment**

## Session 4

**Lesson 4-1 Drowsy Driving**

**Lesson 4-2 Recognize the Hazard and Make the Right Choice**

**Lesson 4-3 My Driving Habits and Alternative Choices**

**Lesson 4-4 My Plan**

All successful participants' National Safety Council Certificate of Completion, will be mailed within 10 business days of course completion.

Additional photocopies of this certificate will be \$1 each. Original NSC certificates can be replaced at a cost of \$10.

# REGISTRATION

Please print legibly

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

DL#: \_\_\_\_\_

Class Date: \_\_\_\_\_

Phone Number \_\_\_\_\_

Mail to:

NSC Defensive Driving Program

Lincoln Trail College

11220 State Highway 1

Robinson, IL 62454

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