VIEW FROM THE VALLEY VOLUME 19 - ISSUE 03 MAGAZINE

- WARRIOR DAY @ WVC
- FRESH DONATION
- NEW ATHLETIC CENTER
- AND MORE!

OCTOBER 2024

"Your voice is your calling card. It's the first thing people hear, and it tells them everything about who you are."

JULIE ANDREWS

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As we step into October, the excitement around campus is building icluding facility upgrades; there's so much to look forward to as we continue to grow and evolve. Be sure to stay connected to learn more about more exciting developments!

But before we get too far ahead, let's also remember an important event just around the corner—Election Day in November. Your voice matters, and we encourage all students and staff to take part in this civic duty.

In this edition, we've packed plenty of news and stories to keep you informed and inspired. From campus highlights to student success stories, it's a great time to be a part of WVC. Enjoy the fall season, stay engaged, and let's continue making strides together!

Quianna M.

WVC WARRIOR DAY 2024

On Wednesday, September 11, 2024, Wabash Valley College held Warrior Day, a meet and greet that introduced the community to the bass fishing and archery club sports teams. This family-friendly event gave attendees the chance to meet the Bass Fishing and Archery teams, learn more about the sports, and enjoy food, snacks, and beverages. The weather was perfect for community members to tour the boats and watch a live archery demonstration.

A special highlight was the recognition of Grace Williams from the Archery Team, who received an award for both her performance and GPA. State Representative Dave Severin, a member of the Illinois Sportsmen's Caucus, was also in attendance. He generously donated to both the Bass Fishing and Archery teams to support their travel expenses for upcoming fall events.

After the meet-and-greet, the community packed the gym to watch the Lady Warriors' first home game, which saw an amazing turnout. For the second year in a row, Warrior Day is turning out to be one of Wabash Valley College's and the Mount Carmel community's favorite family events of the year!







A FRESH DONATION

The faculty labor union at Wabash Valley College (WVC) has donated \$500 to FRESH, a program that provides free non-perishable food and basic personal items to WVC students in need. This generous donation supports students in the 2024 and 2025 academic school years and comes from the WVC Illinois Eastern Community Colleges Education Association (IECCEA) staff labor union, with about 25 faculty members contributing \$10 each.



THE GREAT CENTRAL US SHAKEOUT



On October 17th at 10:17 am, Wabash Valley College will participate in the Great Central U.S. ShakeOut which offers individuals, schools, businesses, governments, and communities an opportunity to prepare themselves before a damaging earthquake strikes

ALUMNI SPOTLIGHT

Introducing Shelby Pope



Shelby Pope is a proud graduate of Wabash Valley College, where she earned her Associate Degree in Nursing (ADN) in 2014. Since then, she has achieved great success in the healthcare field, recently completing her Doctorate as a Family Nurse Practitioner. Now, Shelby is embarking on a new journey by opening her very own clinic, Holiatry Health, in Skiatook, Oklahoma, while her family remains rooted near the Mount Carmel area.

Her clinic has already gained attention, having been awarded a startup grant through WomensNet. As part of this recognition, Shelby is now in the running for a much larger \$25,000 grant at the end of the year. This exciting opportunity depends on community voting, which would bring significant support to her clinic's future.

Q & A With Shelby

What did you study at WVC and how did it set you up for success as you continued your studies?

I completed my Associate Degree in Nursing from WVC in May 2014. The small class sizes and the dedicated attention from our professors were invaluable. They demonstrated what exceptional nursing looks like, setting a high standard that I have strived to meet throughout my career.

I see that you like to read: what types of books interest you most?

I like to strike a balance between personal growth and entertainment. I typically read one to two books focused on business, medicine, or self-improvement, followed by a more lighthearted read, which I fondly call my "guilty pleasure" or "garbage" read. These are usually thrillers or romance novels. Most recently, I've devoured all of Colleen Hoover's books.

Congratulations on making it to the next level of the grant. If you win, how will it help you and Holiatry Health moving forward?

Thank you! At the moment, I'm balancing two jobs to build a solid financial foundation for Holiatry Health, which will open in about eight weeks. The grant will allow me to comfortably transition to full-time clinic hours and hire essential support staff, such as my first LPN or RN. This would provide a smoother, more sustainable launch.

Do you have any advice for students currently attending WVC?

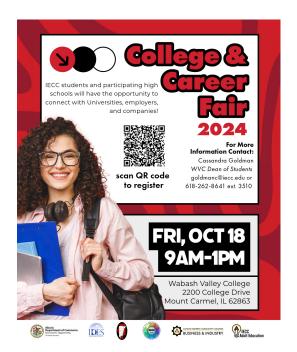
Absolutely—get involved in extracurricular activities. Participate in student associations, join clubs, volunteer, and engage with your community. Not only is it rewarding, but the connections you make now truly matter. You never know when one of those connections could turn into someone who changes your life for the better.

"I will always be an advocate for community college education!"

To support Shelby's endeavors by voting, visit the Holiatry Facebook page (Holiatry NP), or search for the links on the WVC news article featuring Shelby.

To learn more about Shelby's clinic and her journey, visit her website at www.holiatryhealth.com. ♠

IECC COLLEGE & CAREER FAIR



Illinois Eastern Community Colleges (IECC) is excited to announce an upcoming College and Career Fair. This year's event will occur at Wabash Valley College (WVC) on Friday, October 18th from 9 am -1 pm in the Science Building, Brubeck Art Gallery and Learning Commons (2200 College Drive, Mount Carmel, IL 62863).

Several businesses, colleges, and universities are invited to take part in this event, offering students the chance to explore transfer options within the tri-state area. IECC students and local high schoolers will have the opportunity to connect with universities, employers, and companies. It's a great chance for students to discuss job opportunities, create career plans, and practice networking.

FISHING AT THE POND

At the beginning of October, our students had the ultimate fish rodeo at the pond! Hosted by Student Life, the WVC Bass Fishing Team brought their expertise and assisted others. \$25 gift cards were awarded to students with the biggest catch, smallest catch and overall heaviest catches. It was a "fin-tastic" experience for all participants. §



RIVERVIEW RAMBLE HALF MARATHON BENEFITS BRUBECK



Runners and walkers alike are invited to participate in the upcoming Riverview Ramble Half Marathon, scheduled for Saturday, October 26, 2024. The race will feature three exciting options: a timed 5K, 10K, and a Half Marathon, giving participants the chance to enjoy scenic views along the historic "Bluff City" and the Wabash River.

The event will kick off at 8:00 a.m. at Mt. Carmel Merchant's Park, located at the intersection of 4th and Market Streets. The course will officially close at 11:00 a.m. CST, with runners who have not completed the race by the 3-hour mark no longer timed.

The Riverview Ramble will not only challenge participants but also support the local community, with all proceeds benefiting the Brubeck Arts Center at Wabash Valley College. Because all proceeds go to the Brubeck Arts Center - there will be a winner for "best dressed" at the race!

For more information or to register, visit https://runsignup.com/riverviewramblehalf. 🌢







NEW ATHLETIC FACILITY OPENS IN THE SUMMER

Wabash Valley College is thrilled to announce the upcoming addition of the Athletic Training Center, highly anticipated athletic training facility set to open in the summer of 2025. This 8,500-square-foot building will provide a brand-new space for our Warrior athletes to train and prepare for their seasons.

Athletic Training Center will feature three locker rooms, specifically designed to be the new home for our Women's Soccer, Softball, and Baseball teams. These locker rooms will offer plenty of space for the teams to gear up, relax, and bond.

One of the most exciting features of the building is the large, netted practice area. This space, with its synthetic turf flooring, will be flexible and adaptable to the needs of different sports. The area can be divided into four separate batting or pitching cages, or it can be opened up to create a larger space for a wide range of drills and conditioning exercises.

This facility will be a game-changer for our athletic programs, providing much-needed training space for our Warrior athletes. We're looking forward to seeing it all come together and can't wait for its completion in Summer 2025!



Women's Soccer Head Coach Patrick Harris says: "The women's soccer team is looking forward to the new athletic facility. Between the turf and locker room for the women's team it will be a major recruiting tool we will use to bring in top talent across the globe. Facilities like this don't even exist in top tier 4 year schools that will make us stand out more to recruits and their families. It is a major game changer for us and we look forward to using it as soon as possible. As well as creating camp opportunities that we couldn't before due to weather. This isn't just a benefit for WVC athletics in my opinion it is one that the community will see great benefits as well. The restrooms and concession stand have been much needed that are both accessible to our friends and family's but will also allow them to grab a quick bite to eat while they enjoy watching our outdoor sports continue to be successful. "

Stay tuned for more updates as we get closer to opening The Athletic Training Center! 🎍

UPCOMING EVENTS

October 9, 2024

- Midterm-Fall Semester
- Midterm Meltdown

October 10, 2024

 WVAC: Tony Booth w/Dennis Stroughmatt

October 14, 2024

- Columbus Day College Closed
- Student Life Soccer
 Pickup Game

October 15, 2024

 Fight Cancer Like a Warrior Volleyball Night, 6pm (wear red & black)

October 17, 2024

• The Great Central US Shake Out

October 19, 2024

 IECC College & Career Fair

October 30, 2024

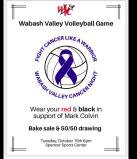
- Trunk or Treat
- Student Life Halloween Bash

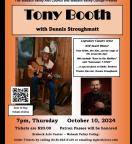
November 5, 2024

 Election Day-Campus Closed

November 11, 2024

 Veteran's Day-Campus Closed









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iecc.edu/wvc