OLNEY CENTRAL COLLEGE KNIGHTLINE

OCC student-athletes excel academically

CALENDAR JUNE

15-17 — OCC Men's Basketball Girls' Youth Camp, OCC Gym, 8 a.m.

18-20 — OCC Men's Basketball Boys' Youth Camp, OCC Gym, 8 a.m.

19 — College Closed, Juneteenth

28 – Midterm

JULY

4 — College Closed -Independence Day

19 — Last Day to Withdraw from Summer Semester Classes

26 — Last Day of Summer Semester Classes

29-30 — Final Exams

29 — Fall Semester Textbook Sales Begin

26 — OCC Theater/OAC Summer Children's Theatre Workshop presents Disney's The Little Mermaid, OCC Theater, 7 p.m.

27 — OCC Theater/OAC Summer Children's Theatre Workshop presents Disney's The Little Mermaid, OCC Theater, 2 p.m. Olney Central College student-athletes achieved an outstanding GPA, culminating in more than 30 players being recognized as NJCAA Academic All-Americans this year.

"Once again our student-athletes did a fantastic job in the classroom," said Athletic Director Nick Short. "We have a department-wide GPA of 3.47 for the year, which I believe is the highest in my 18 years here. This could not be done without the help our professors provide, but also people like Jodi Schneider in Advising, as well as everyone else in the office. It is a total team effort, and it is the reason we are here."

Lady Knights Basketball posted the highest team GPA of 3.74, followed by Softball with a 3.52 GPA, Baseball with a 3.47 GPA and Men's Basketball with a 3.41 GPA.

The NJCAA recognizes student-athletes with a 3.60 GPA or higher as Academic All-Americans. This honor is divided into three tiers: First Team for those with a 4.0 GPA, Second Team for those earning GPAs between 3.80 and 3.99, and Third Team for GPAs between 3.60 and 3.79.

OCC students receiving these honors include:

Women's Basketball

First Team: Karmen Bruton, Allie Parker, Kenzie Weiler and Isabel Shepherd Second Team: Ryan Petersen and Isabella Slocum

Third Team: Cami Pearman and Brock Bitterman

Softball

First Team: Allie Parker, Kayla Kocher, Brooklyn Garrett, Morgan Kehl, Ashtyn Mayes and Becca Minor

Second Team: Ryan Petersen

Third Team: Maya Rodriguez-Mansholt and Carli Hosler

Baseball

First Team: Brett Kocher and Tate Wischnack

Second Team: Easton Benes, Sammy Hallada, Kannon Stull, Dylan Zentko, James Adcox and Colton Zeigler

Third Team: Logan Fisher, Jaydon Luna, Connor Patton, Carder Reich, Josh Russell and Ben Vaughn











Ignite Curiosity — Metaling Around Welding Summer Camp

OCC kicked off its Ignite Curiosity Summer Camps on May 30 with Metaling Around Welding taught by Instructors Curtis Marshall and Maverick Fisher.

Campers learned all about welding safety and how a Mig Welder works. They even got to choose their own projects to build.

The highlight was the scrap-metal sculpture contest. The winning team was Harrison Marshall, Wyatt Hawkins, Gauge Phillips and Niyah Hawkins, who constructed a robot. Their sculpture will be displayed in the OCC Learning Commons Art Gallery.

Big R, formerly Rural King, in Olney donated glasses and gloves for campers to use.









Programs asking students to register for classes by July 15

Olney Central College's Cosmetology, Nail Technology and Massage Therapy programs are accepting new students for Fall 2024.

As enrollment is limited, students are asked to apply and register for classes by July 15 to reserve their spots.

This is especially important for Massage Therapy students as entry-level classes will not be offered again until 2026.

For more information or to meet with an advisor, contact Student Services at 618-395-7777.

To learn more about the programs, visit the IECC website at www.iecc.edu/occ.

Register now for fall classes

Fall registration is ongoing at Olney Central College.

For more information or to schedule an advising appointment, contact OCC Student Services at 618-395-7777. Fall course schedules are available at www.iecc.edu/schedules.

Classes start August 15.

KICKSTART YOUR FUTURE WITH



College to Careers in the Health Care Professions Friday, June 21st 11:00 - noon FCC Mason Hall Room 21



Audrey Fleener Clinical Laboratory Scientist at Clay County Hospital

An alum of FCC, Audrey will share her educational journey, experiences interviewing, a day in her professional life, and tips on professionalism and working with other health care professionals.

Can't make it to FCC? Participate from one of our synchronous classrooms: LTC Williams Hall 119 WVC Science Bldg. 61 OCC Wattleworth Hall 109



JUNE 26 JULY 10 JULY 17 JULY 24 9-3 9-3 9-3 9-3 9-3

Relax in the Zen Den's new massage chair

Need a place to unwind? The Zen Den Meditation Room has added a new massage chair.

Located in the Learning Commons, the Zen Den's new massage chair features Bluetooth connectivity and remote-controlled recline and heating options. Enjoy a variety of massage settings, including Energy Boost, Total Relax, Thai Massage and many more.

The Zen Den is available on a first-come, first-served basis.





Friday August 9th

Richland Golf Club 5499 N. Illinois 130 Olney, IL 62450

Olney Central Baseball Alumni Golf Outing

\$400 per team

Non-Golfers \$25 for dinner Provided by The Smokin' Pig

Smoked Pork Chop Sandwich and two sides
Sponsorship Opportunities

Dinner Sponsor - \$500 Sponsor a Team - \$400 Hole Sponsor - \$125

GOALS FOR FUNDRAISER:

Field Improvements

Equipment & Technology

Meals & Travel Expenses

Team Gear

Housing Scholarships

Golfers/non-golfers pay at check-in Checks payable to OCC Baseball

Schedule

10:00-11:15 am Registration 12:00 pm Shotgun Start 6:00 pm Dinner Alumni Guest Speakers

First Place Traveling Trophy 50/50 Raffle Individual Hole Prizes

LET US KNOW IF YOU ARE JOINING!

Call, text or email Head Coach Phil Britton 618-388-1000 S brittonp1@iecc.edu

Must RSVP by August 1st

OCC Theater hosts Tuesday Movie Nights

The Olney Central College Theater is showing a free movie every Tuesday in June and July.

Shows begin at 7 p.m. in the Dr. John D. Stull Performing Arts Center.

Bring your own snacks and drinks.

Upcoming movies include:

- June 18 E.T.
- June 25 Wish
- July 2 Barbie
- July 9 Elemental
- July 16 Jurassic Park

• July 23 — The Super Mario Brothers

• July 30 — Ghostbusters: Frozen Empire

For more information, visit the OCC Theater Facebook page.

Lost & Found

Lost & found items are kept in Student Services. Items may be claimed at the front desk.

Keep Vehicles Locked

Students utilizing the OCC parking lots are advised to keep their vehicles locked when unattended.

IECC holds Mental Health Summit at OCC

Illinois Eastern Community Colleges hosted a Mental Health Summit on May 30 at Olney Central College.

"We had a great turnout for the first IECC Mental Health Summit," said IECC Mental Health Specialist Holly O'Brien. "All who attended gave positive feedback on the event and are looking forward to more mental health trainings hosted by IECC. (Guest Speaker) Dr. Kristen Lee did a fantastic job and was moved by the candor and community she felt while she was here with us."

Lee is an internationally recognized, award-winning behavioral science clinician, researcher, educator, speaker and comedian from Boston, Mass.

Lee's research and teaching interests include individual and organizational well-being and resilience, particularly for marginalized and under-served populations.

Lee works with organizations and leaders around the world on how to use the science of behavioral change and human potential to build healthy mental health cultures that help prevent burnout and promote organizational and human sustainability.

She is the author of RESET: Make the Most of Your Stress, winner of the Next Generation Indie Book Awards Motivational Book of 2015; the best-seller Mentalligence: A New Psychology of Thinking-Learn What it Takes to be More Agile, Mindful and Connected in Today's World, and Worth the Risk: How to Microdose Bravery to Grow Resilience, Connect More, and Offer Yourself to the World, a 2022 Next Big Idea Book Club nominee and Nautilus Book Award Silver Medal winner. She is a regular contributor for Psychology Today and Thrive Global. Her work has been featured on NPR, Ted, Forbes Fast Company, and CBS Radio.

The Mental Health Summit provided a full day of training, equipping attendees with evidence-based strategies to promote resilience, prevent burnout, optimize well-being and adapt to changes in social work practice, education and community settings.





Top, IECC Mental Health Specialist Holly O'Brien opens the IECC Mental Health Summit. Above, Guest Speaker Dr. Kristen Lee autographs copies of her book.

OCC/OAC Children's Theater Workshop starts July 8

The Olney Central College Theater and the Olney Arts Council are registering students for their upcoming Children's Theater Workshop.

Open to third-graders through those entering ninth grade, this three-week theater workshop is designed to foster creativity, passion and confidence. During the workshop, students will have the opportunity to learn and experience a variety of theater aspects including costume design, set design, stage movement, choreography, music, stage direction, performing and much more.

The workshop will meet from 1 to 3:30 p.m. Monday through Friday, July 8 through 26. Activities will conclude with two fully-staged performances of *Disney's The Little Mermaid*, Jr. at 7 p.m. July 26 and 2 p.m. July 27.



The cost is \$75. Additional children within the same family will receive a \$25 discount each. Each child will also receive a T-shirt. For more information and to register, visit www.iecc.edu/occtheater.

TUESDAYS 6/11; 6/25; 7/2; 7/9; 7/16 & 7/23

11:00AM

HUNSE

Via Teams-Invites will be sent

You're

Invited

For more information contact: Holly O'Brien, ACSW LCSW Mental Health Specialist obrienh@iecc.edu