

# LINCOLN TRAIL COLLEGE COMMUNITY EDUCATION CATALOG



iecc.edu/ltc 618-544-8657 11220 STATE HWY 1 ROBINSON, IL 62454



### **KARATE FOR KIDS**

KARATE I: MONDAYS AUGUST 14-DECMEBER 11, 6-7 PM | \$75 | ANDY BRADBURY KARATE II: MONDAYS AUGUST 14-DECMEBER 11, 7-9 PM | \$95 | ANDY BRADBURY

**REGISTER BY AUGUST 18** 

This class will cover basic martial art concepts, self-defense and movement in a program that will provide students with improved confidence and self-esteem. The instructor brings many years of instruction to the classroom and will provide a fun atmosphere for the children.

For children 5-years-old and up.



### **TAEKWONDO**

### MONDAYS & WEDNESDAYS AUGUST 14-DECMEBER 13, 7-9 PM | \$110 | ANDY BRADBURY

**REGISTER BY AUGUST 18** 

A practical study of the origin, history and basic fundamental skills of Korean Karate including analysis and practice of blocking, punching and kicking. Advanced classes emphasize offensive and defensive skills and strategies of free-sparring and self-defense.



### **EAGLETON READING CIRCLE**

MEETS THE 4<sup>TH</sup> WEDNESDAY OF EACH MONTH | FREE | RENA GOWER

If you enjoy reading, the Eagleton Book Club is perfect for you! Each month, the group selects the next book to discuss. Call the Library at 618-546-2294 and ask what is being read this month. Grab a copy, read it, and come join us for a pleasant evening of discussion in the Eagleton Library.



### **BASIC AMERICAN SIGN LANGUAGE**

THURSDAYS SEPTEMBER 7-28, 6-8 PM | \$45 | TONY AUSTIN

**REGISTER BY AUGUST 30** 

Unlock the World of American Sign Language! Immerse yourself in our enriching beginner's class, where you'll delve into the foundations of ASL. Master the essentials, from the alphabet and counting to days of the week, basic greetings, and everyday phrases. Through dynamic instruction and hands-on practice, gain the confidence to communicate effectively in this captivating visual language.



## **BEGINNING CROCHET**

TUESDAYS SEPTEMBER 12-OCTOBER 17, 6-8 PM | \$45 | RACHEL CARTER

**REGISTER BY SEPTEMBER 7** 

Unravel the Art of Crochet! Join our Beginning Crochet class, perfect for both newcomers and those seeking to brush up on the basics. Learn essential techniques and stitches under the guidance of instructor Rachel Carter. All you need is a size H or I hook and Red Heart yarn in a solid color, and you'll be ready to create beautiful, handcrafted wonders. Embrace the joy of crocheting and weave your way into a world of creativity and relaxation!



# GET OUT OF THE DITCH: QUILTING ON YOUR HOME MACHINE

TUESDAYS SEPTEMBER 12-26, 5-8 PM | \$50 | BECKY MILLER

**REGISTER BY SEPTEMBER 7** 

Bring your own sewing machine with a free motion foot and learn this quilting technique.

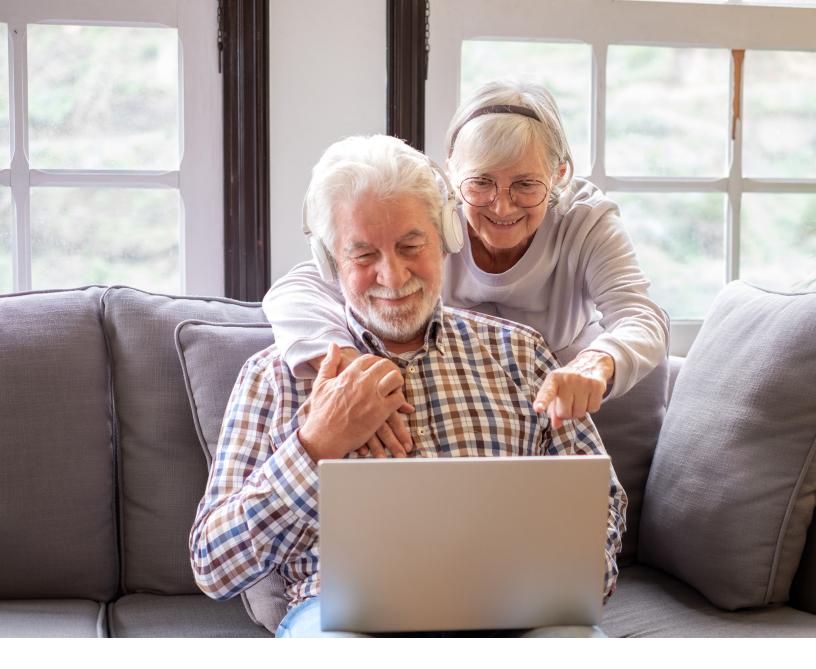


## MODERN EMBROIDERY

TUESDAYS OCTOBER 3-24, 6-8 PM | \$45 | BECKY MILLER

REGISTER BY SEPTEMBER 27

Discover the Art of Modern Embroidery! Join our immersive class and master a variety of popular stitches while crafting a captivating project. Whether you're a beginner or seasoned enthusiast, this hands-on workshop will inspire your creativity. Bring your size 24 chenille needles, white size 8 pearl cotton thread, scissors, and a 10"-12" hoop, and let's stitch together in a world of colorful expression!



### **HELP! IT'S A COMPUTER**

WEDNESDAYS OCTOBER 11-25, 6-8 | \$45 | COLTEN GOWER

**REGISTER BY OCTOBER 4** 

Empower yourself with technology! This beginner-friendly course is designed to equip you with essential computer skills, from saving documents and managing files to navigating security issues and understanding social media. Join us and embark on a journey towards digital literacy, ensuring you stay connected and thrive in today's tech-driven world!

## **HOW TO REGISTER**

The easiest way to register is to call 618-544-8657, ext. 1425.

You can also register by visiting the Lincoln Trail College Library.

Early registration is recommended because class sizes are limited.

### **TUITION AND FEES**

Classes require pre-registration and payment. Registrations are not valid until payment is received.

### **ACCURACY**

All information listed in this catalog is accurate at the time of printing and may be subject to change. Please inquire with the College for the most up-to-date information.

### **ENROLLMENT AND CANCELLATION**

Classes and workshops are subject to cancellation if the minimum enrollment is not attained. In the event of cancellation, participants will be notified. Some classes may have limited enrollment due to space or other limitations.













