



LINCOLN TRAIL COLLEGE *Network*

SEPTEMBER 2017

UPCOMING OCTOBER EVENTS

- 1 Performing Arts Showcase
3 p.m., Zwermann Arts Center Theater
- 3 NO CLASSES - District Workshop
- 4 Franklin University Table Visit
9-12, Williams Hall Foyer
- 5 CNA Exam
4 p.m., Williams Hall 108
- 6 FAFSA Workshop
9 a.m., Student Union 209
- 7 SAT Exam
8 a.m., Williams Hall 108
- 9 COLLEGE CLOSED - Columbus Day
- 10 Organic, Local, Natural Workshop
5 p.m., Library
- 12 Midterm
- 13 Accuplacer Testing
8 a.m., Williams Hall 119
- 14 Pearson VUE Testing
8 a.m., Williams Hall 117/118
- 17 IECC Board Meeting
7 p.m., Cafeteria
- 23 Accuplacer Testing
2 p.m., Williams Hall 119
- 26 LTC Foundation Meeting
12 p.m., Lincoln Room
- Trick or Treat at the Trail
4-7 p.m.
- 28 Pearson VUE Testing
8 a.m., Williams Hall 117/118
- 31 Registration Begins For Spring Semester
- University of Illinois Table Visit
10:30 a.m., Williams Hall Foyer

Network is a joint project of Lincoln Trail College & Lincoln Trail College Foundation

LTC COLLECTS FOR HURRICANE HARVEY RELIEF



Lincoln Trail College donated a trailer full of items to Helping His Hands Disaster Response in Vincennes, Ind. to help the victims of Hurricane Harvey.

There were 1,900 bottles of water collected in the drive. There were also numerous donations of personal care items, cleaning supplies, paper goods, diapers, and medical kits.

Lincoln Trail College served as a drop-off point for donations from the community, but the college also delivered goods collected at Robinson High School, the Lincoln Trail College Foundation, Oblong High School, and Midwest Transport, Inc.

The donations also included \$1,445 in monetary contributions.

All of the donations were delivered to Helping His Hands Disaster Response September 1.



LTC STUDENTS LEARN WITH 3-D TECHNOLOGY



Lincoln Trail College students are getting a chance to learn in a new way, with a 3-D projector. An Roy is one of the first instructors to use the new projector in her anatomy and physiology classes.

One of the first lessons students got was on the respiratory system. The projector let students get a three-dimensional view of the lungs. In addition to seeing the organs, the program also showed students how different diseases affect the respiratory system.

Chary Wilson is one of the students in Roy's class. She was very impressed with how the projector works and compares it to seeing a 3-D movie in a movie theater. She says it also helped her better visualize how the respiratory system works.

"It's really great because when you're looking at a textbook, it's all 2-D. They try to make it as 3-D as possible, but actually being able to see a 3-D version of what you're studying makes it a lot more real. You can picture what it is you're actually supposed to be studying, especially visualizing it as far as where it is in the body."

Roy says one of the reasons she likes the system is because it serves as another way to reach students to help them learn. "I think we are really fortunate to have this technology because this is high tech and something students are really familiar with. I strongly believe that if we use different methods of delivery systems to the students, then I will be able to reach everybody because as you know, we all learn differently"

To view the 3-D projector, students wear special glasses that power on. The 3-D technology is adaptive and moves with the students.

In addition to anatomy, the 3-D projector can be used for other subjects like chemistry, English and math.

Roy says she plans to get a lot of use out of the projector in her classes as the semester continues.



See a video of this story at:
youtube.com/LincolnTrailCollege

NURSING STUDENTS LEARN TO ADMINISTER MEDICATIONS



One of the most basic tasks of being a nurse is administering medications to patients and students in the Level I nursing program are learning to how to correctly do that.

The students got hands-on practice recognizing different kinds of medications, how to measure, mix, and reconstitute medications and how to inject medications. When the students start the injections, they don't start with patients. Instead, the students use oranges and hot dogs to learn their techniques.

Instructor Angie Williams says the idea is to give the students a controlled environment where the students can learn and practice. She says they can see and feel their results and it builds their confidence before they begin agency work.

Student Alyse Morris says having help from the instructors is a huge help for her. "It's a lot more relaxing to have the teachers here and be able to do it in front of them and with them instead of performing on a real patient. They can give you tips on how to do things and help you out so it will be easier."

Williams says practicing in the classroom not only helps with the comfort level of the students, it also lets them practice without putting themselves or a patient in any kind of danger.

It won't be long, however, before the students do get to take what they've learned in the classroom and apply it in the real work. "Almost every year, we get the opportunity to go out into the community to our long-term care units to administer flu vaccines," says Williams.

Morris says before that, she appreciates having the hands-on practice at LTC. "That's [administering medications] one of the most important aspects of nursing once we start our careers, so it's important for us to get hands-on training before we actually go to the clinical experience and try it on real patients."



See a video of this story at:
youtube.com/LincolnTrailCollege

AREA YOUTH LEARN THROUGH COLLEGE FOR KIDS

Students in Lincoln Trail College's GED program used marshmallows and cardboard tubes to learn more about physics. Instructor Erin Volk used the experiment to help explain force. She says they started with a lesson about Newton's three laws in the classroom and the next time the students met, they started the experiment.

Students used cardboard tubes from paper towel rolls to make a device where they could launch a marshmallow. They placed the marshmallows in different places in the tubes and launched them by blowing through them.

Volk says the idea of the experiment was for the students to see how far an object would travel based on the amount of force applied to it. She says hands-on instruction like this is important to help the students learn and retain knowledge.

"The students have to take their tests on the computer and they have to understand concepts, but they have to be able to read and apply the concepts. If we give them something like this where they're seeing the concept applied in action and they have a better understanding of it, when it comes time to test they're going to remember it better and they're going to be able to apply it better because they've actually had a hand in applying force to an object."

She says the students in the GED program come from all walks of life and all have different levels of learning. The hands-on lessons as designed to help reinforce the concepts they've learned in class.

LTC's GED program runs in eight-week long sections. Volk says there's no wrong time to start getting your high school equivalence if you didn't earn a diploma. She says one of the best features of the GED program is that you can expect a lot of individualized attention as you learn.

"We do have some things like this where we bring the whole group together and do one thing, but the students can work individually online. I can sit down with them and work one-on-one. They can partner up. We really believe in a holistic learning environment where students can experience all of the information in different ways and we can meet them where they are. They don't have to be at a certain point. We will come to them and build from their level."



Watch rockets blast off and kids extract DNA from a strawberry at: youtube.com/LincolnTrailCollege



Crawford County Fair Queen Grace Amburgey received her scholarship for Lincoln Trail College. She plans to study Nursing. Pictured, left to right, Advisor Erin Volk, Crawford County Fair Queen Grace Amburgey, President Dr. Ryan Gower, Dean of Instruction Brent Todd, Greg Amburgey, Julie Amburgey.



Lincoln Trail College Nursing students Nancy Ulrey (Oblong, Ill.) and Deedra Morris (Marshall, Ill.) were selected for a nursing scholarship. Pictured Left to right: LTC Nursing Department Head Angie Williams, LTC Nursing students Deedra Morris and Nancy Ulrey, LTC President Dr. Ryan Gower

LTC HOLDING AUDITIONS FOR ANNIE



LTC Theater is pleased to announce that auditions for the musical *Annie* will take place in the LTC Theater Monday and Tuesday, September 18 and 19 beginning at 6:00 p.m. attend only one session. Auditioners should plan on reading the dialogue and singing the part for their preferred role. However, actors may be asked to read other characters and may be considered for other roles. Please bring your list of scheduling conflicts and preferences at the time of your audition.

There are roles for *Annie* and her fellow orphans (girls), Daddy Warbucks, Grace, his secretary, Miss Hannigan, the “lady” who runs the orphanage, her crooked brother, Rooster, and his girlfriend, Lily. Also appearing are President Roosevelt and his cabinet, the butler Drake and a houseful of servants, radio host Bert Healy and his dummy, along with his radio show guests including the three Boylan Sisters. There’s even a non-speaking, but barking role for Annie’s dog, Sandy. Company roles are available as the rich and poor of New York. Company roles will likely be doubled! There are a number of opportunities to help backstage as well.

Rehearsals will begin with a full cast read-through on Thursday, September 21 at 6 p.m. The rehearsal schedule will be discussed at the first read-through. Performances will be in the LTC Zwermann Arts Center November 3, 4, 5, 10, & 11. The show will be under the direction of Barbara Shimer and music director Sandra Nichols.

Audition materials are available at the Performing Arts Office from 12 – 5, M – Th and 12-4 F, and at www.ltcperformingarts.org/auditions.

HILL EARNS THEATER LIFETIME AWARD



Maureen Hill has been involved in Lincoln Trail College Theater productions since 1977 and this year she was honored for her 40 years on stage by being named the 2017 LTC Theater Lifetime Achievement Award winner.

Hill started her time on the LTC stage in 1977 with a part in *Gypsy*. Her first leading role on the LTC stage was as Golde in *Fiddler on the Roof*. Most recently, she performed in 2016’s production of *Into the Woods*. He has participated in 15 LTC productions in some capacity.

In addition to her acting work, Hill has painted sets, made costumes and helped in the props loft. She’s also served as president and a board member for the Crawford County Council for the Arts.

LTC Theater has been a family affair for Hill. Her husband Jim has also performed in several leading roles in the theater and her children have also been valuable members of the LTC Performing Arts family.



OCTOBER SPORTS CALENDAR

Baseball

1	Lewis & Clark*	7:00
6	at Millington Tournament	TBA
7	at WKU Tournament	TBA

*at Busch Stadium

Golf

3	at Oakland City Oaks Invitational
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Softball

1	at St. Mary of the Woods	TBA
7	at Kentucky Wesleyan	2:00
14	at Lindenwood-Belleville	TBA

Volleyball

1	at Frontier CC	12:00
1	vs. Parkland (at FCC)	2:00
3	Vincennes University	6:00
4	John A. Logan	6:30
11	at Southwestern	6:30
13-14	at Illinois Central Tournament	TBA
16	at Lincoln Land	5:30
18	at Lake Land	6:30
25	at Rend Lake	6:30

STATESMEN RETURNING TO BUSCH STADIUM



The Lincoln Trail College Statesmen baseball team is returning to Busch Stadium this fall for an exhibition game.

The Statesmen face Lewis and Clark on Oct. 1. This will be the third consecutive year the two teams have matched up in an exhibition game at Busch Stadium. The game immediately follows the Cardinals vs. the Brewers.

“This is a great event for our players,” says Statesmen coach Kevin Bowers. “The game is an exhibition and we do our best to try to get everyone that’s healthy in the game.”

Tickets for the Baseball at Busch game are available now. Fans get a ticket to the Cardinals’ game against the Brewers that afternoon in addition to the chance to watch the Statesmen at Busch Stadium.

“Fans are really getting three games for the price of one,” says Bowers. The game is the regular season finale for the Cardinals and the team is giving out free ticket vouchers for a 2018 game. Fans will also get a 2018 Cardinals Magnet Schedule and children under 48” receive a free ticket to Six Flags that is valid any Sunday until Oct. 29.

Bowers says the players are looking forward to playing at Busch Stadium again. “Last year was such a great event and the people with the Cardinals and Busch Stadium made it such a special experience for our guys.”

Fans that want to get tickets can contact Bowers at 618-546-2269 or by emailing him at bowersk@iecc.edu.

The event also serves as a fundraiser for the Statesmen.

Follow the Statesmen at
lccathletics.com