

## Recommended Scales

**Unipolar scales:** Extremely, Very, Moderately, Slightly, Not at all

**Bipolar scales:** Very X, Moderately X, Neither X nor Y, Moderately Y, Very Y

\*\* Add a non-response option (e.g., not applicable, unable to judge) as appropriate.

\*\* Remove the neutral option as appropriate.

\*\* Go from most positive to least positive (left to right) in labels, alternate codes, and numeric values (descending (5-1) order).

\*\* Substitute “Not very” for “Slightly” in unipolar scales when appropriate.

**Agreement:** Strongly agree, Moderately agree, Neither agree nor disagree, Moderately disagree, Strongly disagree (another version removes the “moderately” qualifier and/or uses “neutral”)

**Comparison:** Much X, Slightly X, About the same, Slightly (opposite of X), Much (opposite of X)

**Ease:** Very easy, Moderately easy, Neither easy nor difficult, Moderately difficult, Very difficult

**Expectations:** Exceeds expectations, Fully meets expectations, Does not fully meet expectations, Does not meet expectations at all

**Extent (5 pt):** A great deal (Completely, if appropriate), Considerably, Moderately, Slightly, Not at all

**Extent (4 pt):** Significantly, Moderately, Slightly, Not at all

**Frequency (no set time):** Always, Often, Occasionally, Rarely, Never

**Frequency (general):** Daily, Weekly, Monthly, Once a semester, Once a year, Never

**Frequency (based on time frame):** More than 5 times, 4 - 5 times, 2 - 3 times, 1 time, Less than 1 time, Never

**Frequency (extended):** More than once a week, Once a week, Once a month, Once a semester, Once a year, Less than once a year, Never

**Helpfulness:** Extremely helpful, Very helpful, Moderately helpful, Slightly helpful, Not at all helpful

**Importance:** Extremely important, Very important, Moderately important, Slightly important, Not at all important

**Interest:** Extremely interested, Very interested, Moderately interested, Slightly interested, Not at all interested

**Likelihood:** Very likely, Moderately likely, Neither likely nor unlikely, Moderately unlikely, Very unlikely

**Numeric Scales:** Less than #, About the same, More than #

**Probability:** Definitely would, Probably would, Probably wouldn't, Definitely wouldn't

**Proficiency:** Beginner, Developing, Competent, Advanced, Expert (typical for Rubrics)

**Quality:** Excellent, Good, Average, Below average, Poor

**Satisfaction:** Very satisfied, Moderately satisfied, Neither satisfied nor dissatisfied, Moderately dissatisfied, Very dissatisfied (another version removes the “moderately” qualifier and/or uses “neutral”)