

Available to all Counties:

## Addiction/Mental Health Services

AIDSinfo	Health	800-HIV-0440 (448-0440)	<a href="http://hivinfo.nih.gov">hivinfo.nih.gov</a>
Al-Anon: Alateen	Addiction/ Substance Abuse	888-425-2666	<a href="http://al-anon.org">al-anon.org</a>
Alcohol Treatment Referral Hotline	Addiction/ Substance Abuse	800-252-6465	
ComWell	Addiction/ Substance Abuse	888-310-6233	
Ecstasy Addiction	Addiction/ Substance Abuse	800-468-6133	<a href="http://addiction2.com">addiction2.com</a>
Families Anonymous	Addiction/ Substance Abuse	800-736-9805	<a href="http://familiesanonymous.org">familiesanonymous.org</a>
LGBT National Senior Hotline	LGBTQ+	888-234-7243	
LGBT National Youth Talkline	LGBTQ+	800-246-7743	<a href="http://glbthotline.org/talkline.html">glbthotline.org/talkline.html</a>
Love is Respect	Abuse	866-331-9474	<a href="http://loveisrespect.org">loveisrespect.org</a>
Marijuana Anonymous	Addiction/ Substance Abuse	800-766-6779	<a href="http://marijuana-anonymous.org">marijuana-anonymous.org</a>
National Alliance on Mental Illness	Health	800-950-NAMI (6264)	<a href="http://nami.org">nami.org</a>
National Association for Children of Addiction	Addiction/ Substance Abuse	888-554-2627	<a href="http://nacoa.org">nacoa.org</a>
National Association of Anorexia Nervosa and Eating Disorders	Eating Disorders	888-375-7767	<a href="http://anad.org">anad.org</a>
National Suicide Prevention Lifeline	Health	988	

## Assistance/Health Service

All Kids	Health	866-ALL-KIDS (255-5437)		
Center for Autism Spectrum Disorders SIUC	Counseling/ Family	618-453-7130	<a href="http://casd.siu.edu">casd.siu.edu</a>	
Centers for Disease Control	Health	800-CDC-INFO (232-4636)	<a href="http://cdc.gov">cdc.gov</a>	
Comprehensive Community Based Youth Services (CCBYS)	Community	877-870-2663		Intervention for youth 11-17 years of age at risk of involvement in child welfare or juvenile justice systems.
Good Samaritan Carbondale	Shelter/Food	618-457-5794	<a href="http://goodsamcarbondale.com">goodsamcarbondale.com</a>	Shelter, transitional housing, soup kitchen, food pantry, and emergency assistance
GriefShare	Grief/Loss	800-395-5755	<a href="http://griefshare.org">griefshare.org</a>	Open weekdays 8a.m. - 5:30p.m.
Healthy Southern Illinois Delta Network	Food Assistance		<a href="http://hsidn.org">hsidn.org</a>	List of food pantries
Illinois Breast and Cervical Cancer Program	Dental/Health	888-522-1282	<a href="http://cancerscreening.illinois.gov">cancerscreening.illinois.gov</a>	Cervical and breast cancer treatment
Land of Lincoln Carbondale	Law Enforcement/ Legal Aid/ Reentry Services	618-457-7800		Free civil legal services to low income and senior residents
PATH/ United Way 2-2-1	Resource Links	888-865-9904	<a href="http://navigateresources.net/path">navigateresources.net/path</a>	
Planned Parenthood	Health	800-230-PLAN(7526)	<a href="http://plannedparenthood.org">plannedparenthood.org</a>	
Postpartum Support International	Health	800-944-4773	<a href="http://postpartum.net">postpartum.net</a>	

## Crisis/Emergency Services

Project Child	Child Care	800-362-7257		Child care
Public Disposal for Controlled Substances	Addiction/ Substance Abuse		<a href="https://apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main">apps2.deadiversion.usdoj.gov/pubdispsearch/spring/main</a>	
Red Cross	Health	800-RED-CROSS (733-27677)	<a href="https://redcross.org">redcross.org</a>	
Safe Families for Children So IL Carbondale	Shelter	618-319-5751	<a href="https://safe-families.org">safe-families.org</a>	Families seeking to help parents in crisis by providing short-term care for their children.
SAMHSA's National Helpline	Addiction/ Mental Health	800-662-4357	<a href="https://findtreatment.samhsa.gov">findtreatment.samhsa.gov</a>	Behavioral health treatment services locator
SI Families Connect	Resource Links		<a href="https://sifamilies.org">sifamilies.org</a>	Connecting families to a wide variety community services
Specialized Care for Children Marion	Health	618-997-4396	<a href="https://dsc.uic.edu">dsc.uic.edu</a>	Children with special healthcare needs
The Hope Line	Family Counseling	855-771-4357		Grief and family counseling
The Trevor Project	LGBTQ+	866-488-7386 or Text "Trevor" to 1-202-304-1200	<a href="https://thetrevorproject.org/get-help-now">thetrevorproject.org/get-help-now</a>	
American Pregnancy Helpline	Crisis Pregnancy	866-942-6466		
Birthright International	Crisis Pregnancy	800-550-4900	<a href="https://birthrightoregon.org">birthrightoregon.org</a>	
Boys Town National Hotline	Crisis Pregnancy	800-448-3000	<a href="https://boystown.org">boystown.org</a>	

## Crisis/Emergency Services

CAISA (Sexual Abuse/Assault)	Counseling	618-879-2130		Counseling
CARES Crisis Hotline	Suicide	800-345-9049		
Child Find of America	Crisis Services	800-A-WAY-OUT (292-9688)	<a href="http://childfindofamerica.org">childfindofamerica.org</a>	For parents who are considering abducting their children
Child Find of America	Crisis Services	800-I-AM-LOST (426-5678)	<a href="http://childfindofamerica.org">childfindofamerica.org</a>	
Childhelp National Child Abuse Hotline	Abuse	800-4-A-CHILD (422-4453)	<a href="http://childhelp.org">childhelp.org</a>	
Crisis Text Line	Crisis Services	Text "HOME" to 741-741		
Illinois Child Abuse Hotline (DCFS)	Abuse	800-25-ABUSE (22873)	<a href="http://www2.illinois.gov/dcf/safekids/reporting/Pages/index.aspx">www2.illinois.gov/dcf/safekids/reporting/Pages/index.aspx</a>	
Illinois Helpline for Opioids and Other Substances	Addiction/ Substance Abuse	833-234-6343	<a href="http://helplineil.org/app/home">helplineil.org/app/home</a>	
Illinois Poison Center	Poison Control	800-222-1222	<a href="http://poison.org/contact-us">poison.org/contact-us</a>	
Illinois WarmLine	Mental Health	866-359-7953		
Integrated Health of Southern Illinois Carterville	Crisis Services/ Mental Health/ Substance Use	618 985-4344		
National Center for Missing and Exploited Children	Abuse	800-THE-LOST (843-5678)	<a href="http://missingkids.org/home">missingkids.org/home</a>	
National Domestic Violence Hotline	Abuse	800-799-7233	<a href="http://ncadv.org/get-help">ncadv.org/get-help</a>	

## Crisis/Emergency Services

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National Domestic Violence Hotline Spanish	Abuse	800-942-6908		
National Eating Disorders Association	Eating Disorders	800-931-2237	<a href="http://nationaleatingdisorders.org">nationaleatingdisorders.org</a>	
National Parent Helpline	Crisis/Family	855-4APARENT (855-427-2736)	<a href="http://nationalparenthelpline.org">nationalparenthelpline.org</a>	
National Runaway Safeline	Crisis Services	800-RUNAWAY (786-2929)	<a href="http://1800runaway.org">1800runaway.org</a>	
National Sexual Assault Hotline: RAINN	Abuse	800-656-HOPE (4673)	<a href="http://rainn.org">rainn.org</a>	
Senior HelpLine	Abuse	800-252-8966		
Stop it Now!	Abuse	888-PREVENT (773-8368)	<a href="http://nsvrc.org">nsvrc.org</a>	
Suicide Hotline	Suicide	800-273-TALK(8255)	<a href="http://suicidepreventionlifeline.org">suicidepreventionlifeline.org</a>	
Suicide Prevention Services Depression Hotline	Suicide	630-482-9696		
Thursday's Child National Youth Advocacy Hotline	Abuse	800-USA-KIDS (872-5437)	<a href="http://thursdayschild.org">thursdayschild.org</a>	
Tragedy Assistance Program for Survivors (TAPS)	Crisis Services	800-959-TAPS(8277)	<a href="http://taps.org">taps.org</a>	
The Women's Center	Abuse	800-334-2094	<a href="http://thewomensctr.org">thewomensctr.org</a>	Counseling, education, medical and legal advocacy for domestic violence/rape crisis

## Clay County

Department of Human Services (DHS) Robinson	Family/ Food Assistance/ Individual Life	618-392-3151	
Guadalupe Project Flora	Clothing	618-403-5998	Clothing
Health Department Flora	Dental/Health	618-662-4406	
Oblong Children's Home Oblong	Shelter	618-592-3633	Children shelter
One Hope United Olney	Counseling	618-395-8656	Counseling
Opportunities for Access-Center for Independent Living Mt Vernon	Housing/Shelter	618-244-9212	<a href="http://ofacil.org">ofacil.org</a>
Rides Mass Transit Olney	Transportation	877-667-6117	Transportation

The Master's Hands, Inc (Olney)	Food Assistance/Clothing	618-390-0414	<a href="https://the-masters-hands-inc.business.site/">https://the-masters-hands-inc.business.site/</a>	Faith based organization that provides food for people, families, and Christian ministries. They also have a thrift store that offers quality items at an affordable price.
Clay Medical Center (Flora)	Dental/Health/Counseling	1-833-209-0498	<a href="https://www.crhpc.org/home">https://www.crhpc.org/home</a>	Offer sliding fee discounts for all insured and uninsured patients so that all their patients have equal healthcare regardless of their ability to pay.
SIHF Healthcare (Olney)	Dental/Health/Counseling	618-395-5222	<a href="https://www.sihf.org/health-center/olney?cenid=29&amp;utm_medium=SIHFHealthcareWebinarMedicalClinicPharmacy&amp;utm_source=GMBSocialClimb">https://www.sihf.org/health-center/olney?cenid=29&amp;utm_medium=SIHFHealthcareWebinarMedicalClinicPharmacy&amp;utm_source=GMBSocialClimb</a>	One-stop for all healthcare services. Offers prescription drug discount program
Clay County Housing Authority	Housing/Shelter	618-662-5311	<a href="https://www.facebook.com/cha1947">https://www.facebook.com/cha1947</a>	Low-rent (public housing) – affordable apartments for low-income families, the elderly, and persons with disabilities.

## Crawford County

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Agape Christian Counseling Robinson	Mental Health	618-553-2622	Counseling
Ark of the Covenant Robinson	Soup Kitchen	618-544-5761	Food
Barbara Wilson, MA Oblong	Counseling	618-592-3689	Counseling
Benevolence Fund/Salvation Army Robinson	Financial Assistance/ Medicine Assistance/ Utility	618-544-4026	Financial, utility, medicine assistance
Catholic Charities Marshall	Financial Assistance/ Medicine Assistance/ Utility	217-857-1458	Financial, utility, medicine assistance
Central United Methodist Church Oblong	Food Assistance	618-592-3217	Food
Child Advocacy Center/Healing Harbors Robinson	Abuse	618-262-1609	Abuse
Clothing Workshop Center Robinson	Clothing/ Household Goods	618-544-7644	
Counseling and Information for Sexual Assault and Abuse Robinson	Crisis Services/ Mental Health/ Substance Use	618-544-9379	

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## Crawford County

Counseling and Information for Sexual Assault and Abuse Robinson	Crisis Services/ Mental Health/ Substance Use	618-544-9379	
Crawford Memorial Hospital Robinson	Dental/Health	618-544-3131	
Department of Human Services (DHS) Robinson	Family/ Food Assistance/ Individual Life	618-544-3151	
ERBA Robinson	Financial Assistance/ Medicine Assistance/ Utility	618-544-8780	Financial, utility, medicine assistance
Health Department Robinson	Dental/Health	618-544-8798	
Holding Hope Counseling Robinson	Counseling	618-469-1020	Counseling
Lawrence Co. Housing Authority	Housing	618-943-4762	Housing
Lydia's Closet Oblong	Clothing/ Household Goods	618-553-1021	Second hand clothes
MACO Management Robinson	Housing	618-544-8645	Housing
Oblong Children's Home Oblong	Shelter	618-592-3633	Children Shelter
One Hope United Olney	Counseling	618-395-8656	Counseling
Otterbein United Methodist Church Robinson	Food Assistance	618-544-7617	Food
Psychology Specialists, Inc. Oblong	Counseling	618-592-3116	Counseling



## Crawford County

Quality Housing Robinson	Housing	618-544-2254	Housing
Rides Mass Transit Olney	Transportation	877-667-6117	Transportation
Rides Mass Transit Robinson	Transportation	618-544-8800	Regional transportation system
Robinson Township Robinson	Financial Assistance/ Medicine Assistance/ Utility	618-546-5414	Financial, utility, and medicine assistance
Saint Ann Clinic Terre Haute, IN	Medical	812-232-7447	Medical.Free
Section 8 Housing Petersburg	Housing	217-632-7723	Housing
SWAN Olney	Rent/Utilities	618-392-3556	Housing, shelter, financial

Habitat for Humanity (Robinson)	Housing/Shelter	618-546-0171	<a href="https://www.habitat.org/us/city/crawford-county-hfh">https://www.habitat.org/us/city/crawford-county-hfh</a>	Helps to make sure everyone has a decent place to live
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# Edwards County

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Health Department Albion	Dental/Health	618-445-2615		
Opportunities for Access-Center for Independent Living Mt Vernon	Housing/Shelter	618-244-9212	<a href="http://ofacil.org">ofacil.org</a>	
Southern Illinois Housing Authority Albion	Housing/Shelter	618-445-2715		Housing by application
WADI Albion	Rent/Utilities	618-445-2379	<a href="http://wadi-inc.com">wadi-inc.com</a>	Energy assistance, rent, food, shelter, budgeting assistance

Albion Community Health Center (Albion)	Dental/Health/Counseling	1-833-209-0498	<a href="https://www.crhpc.org/albion-c1tnn">https://www.crhpc.org/albion-c1tnn</a>	Offer sliding fee discounts for all insured and uninsured patients so that all their patients have equal healthcare regardless of their ability to pay.
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## Jasper County

Jasper Co. Health Dept. Behav. Health Newton	Counseling/Health	618-783-4154		Counseling
Oblong Children's Home Oblong	Shelter	618-592-3633		Children shelter
One Hope United Olney	Counseling	618-395-8656		Counseling
Opportunities for Access-Center for Independent Living Mt Vernon	Housing/Shelter	618-244-9212	<a href="http://ofacil.org">ofacil.org</a>	
Psychology Specialists, Inc. Oblong	Counseling	618-592-3116		Counseling

Jasper County Housing Authority (Newton)	Housing/Shelter	618-445-3018	<a href="https://housingapartments.org/rental_detail/18032">https://housingapartments.org/rental_detail/18032</a>	
Embarras River Basin Agency, Inc (Greenup)	Housing/Shelter/Food Emergency	217-923-3113	<a href="https://erbainc.org/">https://erbainc.org/</a>	
Mt. Vernon Community Health Center	Dental/Health/Counseling	618-244-6544	<a href="https://www.crhpc.org/mt-vernon">https://www.crhpc.org/mt-vernon</a>	Offer sliding fee discounts for all insured and uninsured patients so that all their patients have equal healthcare regardless of their ability to pay.

## Lawrence County

Lawrence Co. Health Dept Lawrenceville	Health/ Counseling	618-943-3302	
Lawrence Co. Housing Authority Lawrenceville	Housing	618-943-4762	Housing
Oblong Children's Home Oblong	Shelter	618-592-3633	Children shelter
One Hope United Olney	Counseling	618-395-8656	Counseling

DHS Family Community Resource Center (Lawrence)	Family/ Food Assistance/ Individual Life	618-943-2334	<a href="https://www.welfareoffices.org/li/dhs-family-community-resource-center-in-lawrence-county">https://www.welfareoffices.org/li/dhs-family-community-resource-center-in-lawrence-county</a>	
The Master's Hands, Inc (Olney)	Food Assistance/Clothing	618-390-0414	<a href="https://the-masters-hands-inc.business.site/">https://the-masters-hands-inc.business.site/</a>	Faith based organization that provides food for people, families, and Christian ministries. They also have a thrift store that offers quality items at an affordable price.
PACE Health Connection (Vincennes/Bedford)	Health	812-882-6069 (Vincennes) / 812-675-0247 (Bedford)	<a href="https://www.pacecaa.org/health-connection">https://www.pacecaa.org/health-connection</a>	Services provided on a voluntary basis in a confidential manner.

## Richland County

Carle Primary Care Office Olney	Counseling	618-392-9400	Counseling
CEFS WIOA Program Olney	Employment	618-392-7777	Employment
Claws and Paws Resale Olney	Clothing	618-395-1218	Clothing
Colwell Counseling Services Olney	Counseling	618-392-8255	Counseling
CSS Supportive Employment Teutopolis	Employment	217-705-4300	Employment
DHS Olney	Food Assistance	618-392-3151	Food Stamps and TANF
DHS - Division of Rehabilitation Olney	Employment/ Health	618-395-2147	Employment
ERBA Olney	Financial Assistance/ Housing/ Utilities	618-395-2714	Housing, utilities, and financial assistance
Good Samaritan Olney	Food Assistance/ Financial Assistance	618-395-8152	Food and financial assistance
Jasper Co. Health Dept. Behav. Health Newton	Counseling/ Health	618-783-4154	Counseling
Master's Hands Olney	Clothing/Food Assistance	618-392-0414	Food, clothing
Oblong Children's Home Oblong	Shelter	618-592-3633	Children shelter
One Hope United Olney	Counseling	618-395-8656	Counseling
Pool's Hidden Treasures Olney	Clothing	618-393-2929	Clothing

## Richland County

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Psychology Specialists, Inc. Oblong	Counseling	618-592-3116		Counseling
Richland Co. Health Dept Olney	Counseling/ Health	618-392-6241		
Richland County Housing Olney	Housing	618-395-2571		Housing
Rides Mass Transit Olney	Transportation	877-667-6117		Transportation
SIHF Behavioral Health Olney	Counseling	618-395-5222		Counseling
SWAN Olney	Abuse/Domestic Violence/Sexual Assault	618-392-3556	<a href="http://swandvhl.org">swandvhl.org</a>	Housing, shelter, financial
USDA Rural Development Effingham	Housing	217-347-7107		Housing
WIC Olney	Food Assistance	618-392-3226		Food

## Wabash County

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Department of Human Services (DHS) Mt Carmel	Family/ Individual Life	618-262-5179		
Health Department Mt Carmel	Dental/Health	618-263-3873		
Opportunities for Access-Center for Independent Living Mt Vernon	Housing/Shelter	618-244-9212	<a href="http://ofacil.org">ofacil.org</a>	
Southern Illinois Housing Authority Mt Carmel	Housing/Shelter	618-262-5518		Housing by application
WADI Mt Carmel	Rent/Utilities	618-262-4151	<a href="http://wadi-inc.com">wadi-inc.com</a>	Energy, rent, food, shelter, and budgeting assistance

Safe Haven (Mt. Carmel)	Housing Shelter)	618-262-2677	<a href="https://safehavenhomelessshelter.com/">https://safehavenhomelessshelter.com/</a>	16 bed secured facility for women, and women with children, who may find themselves without a home
Circle A Servolution	Food Assistance	618-240-1508	<a href="https://circleservolution.wixsite.com/circlea?fbclid=IwAR2A1ThfiKT5vg7G37WMoA9uBv5nOK-cXtubkf9whiobMElrwF62LU5MnkU">https://circleservolution.wixsite.com/circlea?fbclid=IwAR2A1ThfiKT5vg7G37WMoA9uBv5nOK-cXtubkf9whiobMElrwF62LU5MnkU</a>	
Wabash County Housing Authority	Housing/Shelter	618-262-5518	<a href="http://www.officialhousingauthority.com/illinois/mt-carmell-county-housing-authority/">http://www.officialhousingauthority.com/illinois/mt-carmell-county-housing-authority/</a>	



## Wayne County

Fowler-Bonan Foundation Harrisburg	Clothing/ Household Goods		<a href="http://fowlerbonanfoundation.com">fowlerbonanfoundation.com</a>	Clothing for low income students
Opportunities for Access-Center for Independent Living Mt Vernon	Housing/Shelter	618-244-9212	<a href="http://ofacil.org">ofacil.org</a>	
Rides Mass Transit Fairfield	Transportation	618-847-4077	<a href="http://ridesmtd.com">ridesmtd.com</a>	Regional transportation system
Southern Illinois Housing Authority Fairfield	Housing/Shelter	618-842-9008		Housing by application
WADI Fairfield	Rent/Utilities	618-842-2962	<a href="http://wadi-inc.com">wadi-inc.com</a>	Energy, rent, food, shelter, and budgeting assistance
Salvation Army Marion	Financial Assistance/Rent/ Utilities	618 993-5854		
Washington Co. Public Health Maroon	Dental/Health	618-327-3644		

Wayne County Health Department (Fairfield)	Health	618-842-5166	<a href="https://wchdil.com/">https://wchdil.com/</a>	
Jesus Name Pentecostal Church - Feed My Sheep Soup Kitchen (Fairfield)	Food Assistance	618-599-7436	<a href="https://www.facebook.com/FeedMySheepFairfieldIL/">https://www.facebook.com/FeedMySheepFairfieldIL/</a>	All welcome Monday-Friday 11:30-1pm
Egyptian Behavioral Health (Fairfield)	Health/ Substance Abuse/ Mental Health / Crisis Services	618-516-5326	<a href="http://Egyptian.org">Egyptian.org</a>	

## White County

Child Care Resource & Referral Cartersville	Family/ Individual Life	618-985-5975	<a href="http://ccrrjalc.com">ccrrjalc.com</a>	
Egyptian Mental Health Eldorado	Crisis Services/ Mental Health/ Substance Use	618-273-3326	<a href="http://egyptian.org">egyptian.org</a>	
Fowler-Bonan Foundation Harrisburg	Clothing/ Household Goods		<a href="http://fowlerbonanfoundation.com">fowlerbonanfoundation.com</a>	Clothing for low income students
Opportunities for Access-Center for Independent Living Mt Vernon	Housing/Shelter	618-244-9212	<a href="http://ofacil.org">ofacil.org</a>	
WADI Enfield	Rent/Utilities	618-963-2387	<a href="http://wadi-inc.com">wadi-inc.com</a>	Energy, rent, food, shelter, and budgeting assistance

Egyptian Health Department (Carmi)	Health/ Substance Abuse/ Mental Health / Crisis Services	618-382-7311	<a href="https://egyptian.org/">https://egyptian.org/</a>	
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