



MAYHALL CO-AUTHORS BOOK ON MICROSOFT 365



TRUNK OR TREAT AT THE TRAIL DRAWS 2000+



FIVE STUDENT-ATHLETES EARN ALL-REGION HONORS

LINCOLN TRAIL COLLEGE

Network

NURSING STUDENTS TEACH BOY SCOUTS FIRST AID



Nursing students at Lincoln Trail College worked with local Boy Scouts to teach them some of the basics of first aid at an event on November 15. The Alpha Delta Nu Nursing Honor Society chose to do the project so they could help the scouts learn how to respond in an emergency and how to handle everyday accidents.

The scouts visited different emergency stations during the event. Topics included what to do in the event of a stroke, how to help someone who is choking, the basics of CPR, how to deal with cuts, scrapes, burns, insect stings, and poison, stopping a nosebleed, and managing shock.



A video version of this story is available on YouTube.

Watch the LTTV video:

<https://www.youtube.com/LincolnTrailCollege>



UPCOMING JANUARY EVENTS

- 3 College Reopens
- 5 Spring Workshop
- 6 Spring Orientation
8 a.m., Lincoln Room
- 9 Spring Semester Classes Begin
- 16 COLLEGE CLOSED - Martin Luther King, Jr. Day
- 18 South Pacific Auditions
6 p.m., Zwermann Arts Center Theater
- 19 South Pacific Auditions
6 p.m., Zwermann Arts Center Theater
- Psychology of a Serial Killer II
6 p.m., Lackey Music Hall
- 26 LTC Foundation Meeting
12 p.m., Lincoln Room
- 31 Process Technology Advisory Council
11 a.m., Lincoln Room



“One of the big ones was CPR training,” said Level 2 nursing student Ashlyn Matthews. “Granted they didn’t get a certificate, but they did learn the basics. I think that’s a big thing people need to learn and it’s becoming more common that we need to use that knowledge.”

As the Boy Scouts went to each station, they had the opportunity to do hands-on training and they also filled a bag with first aid supplies to help them start a basic kit.

Matthews says it was rewarding to work with the kids. “To be able to give back, it brings just a lot of joy. And just to be able to laugh with the community and kind of connect in a way that some people just can’t. To be able to share with them our knowledge means a lot.”

She says it was a lot of fun watching the kids and interacting with them. “I don’t know. I just I don’t know how you could look at them and not be happy because of the way they interacted.”



PROGRESS CONTINUES ON CRAWFORD COUNTY RECREATION CENTER



The foundation for the Crawford County Recreation Center is nearing completion. Since work started in the late fall, contractors have been doing site work, including preparing the grade of the building.

The contractors have been working on the concrete footings and foundations and they are nearly complete. They are also beginning plumbing and electrical work that will be under the concrete floor slab.

All of the work is in anticipation of the structural steel for the CCRC, which is expected to be delivered at the end of December. Assembly will begin in early January.

Illinois Eastern Community Colleges Construction Project Manager Nicholas Knapp, who is overseeing the construction of the project, says once the steel assembly begins people visiting campus and passing north of campus will start to see the building's shape.

Knapp says the structural assembly will continue for a couple of months before interior construction begins.

The Crawford County Recreation Center is expected to open in the Fall of 2023. The new 25,000-square-foot facility will be available to people of all ages in the community. It will feature a fitness center with free weights and cardiovascular machines along with three rooms for fitness classes and a dedicated child watch room. Additionally, the CCRC will include an indoor walking track and indoor multipurpose sport courts available for things like basketball, pickleball, and volleyball along with after-school programming.

The new building will also connect to the existing indoor swimming pool at Lincoln Trail College, which will have new recreational features, including waterslides and an indoor party room. Once it is complete, the entire Crawford County Recreation Center will be over 36,000 square feet.

AUDITIONS ANNOUNCED FOR SOUTH PACIFIC

The Arts at Lincoln Trail College is proud to announce auditions for the 2023 LTC Theater production of Rodgers and Hammerstein's "South Pacific," under the direction of Barbara Shimer and Cary Schiller and musical direction of Yvonne Newlin.

Open auditions will take place Wednesday and Thursday, January 18 & 19 in the LTC Theater beginning at 6 p.m. Central Time. The performances will be March 24, 25, 26, 31, and April 1.

Any interested person seeking a role should download and prepare the audition music and reading selections available at www.iecc.edu/ltc/southpacific or on [facebook.com/TheArtsatLTC](https://www.facebook.com/TheArtsatLTC) after December 1st. These selections will also be available at the Performing Arts Office.

The audition committee is looking for 2 children between the ages of 7 and 11 and performers of all ages to portray the roles of Nellie Forbush, Emile DeBeque, sailors, military and nurses, and Bloody Mary. There are at least 2 roles that are French-speaking roles.

This classic story takes place during the Second World War and addresses the issue of prejudice. Famous music featured include "Nothing Like a Dame," "Bali Ha'i," "I'm in Love with a Wonderful Guy," "Younger than Springtime," and "Some Enchanted Evening" among others.

For more information, contact rawlingsk@iecc.edu or (618) 546-2300.

THE ARTS AT LINCOLN TRAIL COLLEGE
PRESENTS

RODGERS &
HAMMERSTEIN'S

**SOUTH
PACIFIC**

UNDER THE CO-DIRECTION OF
BARBARA SHIMER & CARY SCHILLER
&
MUSICAL DIRECTION OF
YVONNE NEWLIN

MUSIC BY RICHARD RODGERS
LYRICS BY OSCAR HAMMERSTEIN II

Book by OSCAR HAMMERSTEIN II and JOSHUA LOGAN
ADAPTED FROM THE PULITZER PRIZE WINNING NOVEL
"TALES OF THE SOUTH PACIFIC" BY JAMES A. MICHEVER

AUDITIONS
JANUARY 18 & 19, 6-8:30 PM

PERFORMANCES
MARCH 24-26
MARCH 31-APRIL 1

LTC

SOUTH PACIFIC IS PRESENTED BY ARRANGEMENT WITH CONCORD THEATRICALS ON BEHALF OF THE RODGERS & HAMMERSTEIN ORGANIZATION.
WWW.CONCORDTHEATRICALS.COM

AUDITIONS ANNOUNCED FOR SOUTH PACIFIC



WINTER 2023 COMMUNITY EDUCATION CATALOG AVAILABLE NOW

Saving money, gardening, crocheting, and serial killers are among the topics of programs available in early 2023 as a part of Lincoln Trail College's Community Education series.

Community education classes begin January 9 with martial arts classes led by Andy Bradbury. Karate for Kids I is on Mondays from 6-6:50 p.m. while Karate for Kids II is from 7-8:50 p.m. on Mondays. Taekwondo takes place Mondays and Wednesdays from 7-8:50. Although classes begin January 9, students can register until Jan. 13. Karate for Kids I costs \$70, Karate for Kids II is \$90, and Taekwondo is \$105.

Water aerobics classes also begin the week of Jan. 9 and there are four different sections available. Linda Branch leads a class from 8:30-9:20 a.m. Mondays, Wednesdays, and Fridays. Marilyn Nichols' class meets Mondays, Wednesdays, and Fridays from 10-10:50 a.m. Judy Adams offers a class on Tuesdays and Thursdays from 2-2:50 p.m. and Sue Myers has a class from 6-6:50 p.m. Mondays and Wednesdays. The water aerobics classes run for eight weeks, and students have until Jan. 13 to register. The classes that meet three days a week are \$45 while the classes that meet twice a week are \$35.

The Eagleton Reading Circle meets on the fourth Wednesday of each month beginning January 25. Led by Rena Gower, the group reads and discusses books of interest to the group. So far, the group has read books like Dressmakers of Auschwitz by Lucy Adlington, Memphis by Tara M. Stringfellow, and The Overnight Guest by Heather Gudenkauf. There is no charge to join the Eagleton Reading Circle.

People looking to save some money on their grocery bills can take part in a one-night class called Grocery Shopping: How to Get More Bang for Your Buck. Mary Liz Wright from the University of Illinois Extension will lead the class on February 7 from 5:30-6:30. There's no fee for the class, but students must register prior to Feb. 1.

If you're interested in gardening, Kristi Rawlings is teaching a class called Growing Your Garden from Seeds. It meets Tuesdays from Feb. 28-May 9 from 6-7:30 p.m. Students need to register by Feb. 21 and the cost of the class is \$65.

Once again, Tony Austin will lead a Basic American Sign Language class. It meets Thursdays March 2-23 from 6-8 p.m. The cost of the class is \$45, and the registration deadline is Feb. 18.

Crochet for Beginners meets March 13-April 17 from 6-8 on Monday nights. Rachel Carter is teaching the course and the registration deadline is March 6. The cost of the class is \$45.

One of the most popular programs from the fall is returning for the spring. Marcia Thorsen will lead four different Psychology of a Serial Killer lectures. Psychology of a Serial Killer II is Jan. 19 from 6-8 and the registration deadline is Jan. 13. Psychology of a Serial Killer III is Feb. 16 from 6-8 p.m. and the registration deadline is Feb. 10. Psychology of a Serial Killer IV takes place March 16 from 6-8 p.m. and the registration deadline is March 10. Psychology of a Serial Killer V is April 20 from 6-8 p.m. and the registration deadline is April 14. Each lecture in the series is \$25.

Lincoln Trail College's Community Education program offers classes in the arts, health and recreation, professional skills, personal growth, and programs for kids. LTC's Community Education Catalog is available online at www.iecc.edu/ltc/communityed.

Students that want to register for a class can call 618-544-8657 or visit the Eagleton Library at Lincoln Trail College.



Dr. Michael Patilla directs the Lincoln Trail College String Ensemble during the Fall Concert.



Dr. Michael Patilla directs the Lincoln Trail College Jazz Band during the Fall Concert.



The Lincoln Trail College Statesmen Singers perform "Omnia Vincit Amor" a cappella style during the Winter Concert.



Members of the Lincoln Trail College Concert Choir perform during the Winter Concert.



Carrie Brown works with three students looking at slides under the microscope.



Dennis York works with a Broadband Telecom student on ladder training and certification.



Introduction to Teaching students participate in mock interviews with staff members to help them prepare for real interviews for teaching positions.



International students at Lincoln Trail College enjoy a traditional American Thanksgiving meal.





JANUARY ATHLETIC EVENTS

Men's Basketball

7	Kankakee Community College	3:00
11	Vincennes University	7:00
14	at John A. Logan	3:00
16	Lake Land College	7:00
21	Rend Lake College	3:00
25	at Southwestern Illinois College	7:00
28	Wabash Valley College	3:00

Women's Basketball

4	at Three Rivers CC	6:00
8	Moberly Area CC	1:00
11	Vincennes University	5:00
14	at John A. Logan	1:00
16	Greenville College JV	5:00
21	Rend Lake College	1:00
25	at Southwestern Illinois College	5:00
28	Wabash Valley College	1:00

THREE WSOC PLAYERS NAMED ALL-REGION



Two Lincoln Trail College men's soccer players earned postseason honors, including one that was named the Newcomer of the Year.

LTC forward Guilherme Melchiori and defender Mateus Moura were both NCJAA Region XXIV All-Region First-Team selections. Melchiori was also named the Region's Newcomer of the Year.

Melchiori led the Statesmen with 12 goals and 25 points. He was 24th in the nation in goals. Melchiori had two game-winning goals and one assist for LTC.

"This recognition really just drives me to work harder and achieve all of our team goals next year," said Melchiori. "Hopefully next year, we can get closer to getting to Nationals and have the team commit 100 percent. I feel grateful and blessed to know all of my hard work is being recognized."

Moura had four points for LTC. His defense helped contribute to LTC's six shutouts, which tied for sixth in the nation.

"It makes me feel really good," said Moura. "I worked really hard for it and to be recognized for it is very rewarding."

"Both Gui and Mateus have been phenomenal since day one," said coach Alexandra Morais. "The effort that they put in on a daily basis is something that we're proud of. They had a good year in terms of quality, performance, discipline and commitment. They truly deserved these nominations. We have some other guys that we thought deserved some recognition, but at the end of day it is a tough region. Both LCC and ICC had some good players that also deserved some recognition for what they have done this year."

Lincoln Trail College finished the season with a 7-7-1 record and Morais says they're already preparing for next year. "2023 will be a great year for this program. We have been working extremely hard to make sure that we get the right players in for next year. This year, when we got here in April, we didn't have too much time to focus on recruitment and this is a big piece for us. We are very excited to see some of the returners with the new recruiting class. We can't wait to see what this group can achieve in 2023."