



THE VOYAGER

Volume 18, Number 12

Frontier Community College

June 2017

Event Calendar

June

**Fall Registration
Going on Now!**

6 1st Day of Summer Session

30 Summer Midterm

July

**4 College Closed for
Independence Day**

28 Last Day of Summer Classes

31 Finals

FCC Holds 39th Graduation Ceremony

Frontier Community College's 39th annual commencement ceremony was held Friday, May 12, at 7 p.m. at Fairfield Community High School gymnasium. The highlight of the evening was conferring over 180 degrees and certificates.

FCC President Dr. Jay Edgren presided over the ceremony and presented the President's Award to one outstanding graduate: Michaela Beach of Oakland City, Indiana. Michaela was chosen based upon academic achievement, community service, and outstanding character. Michaela was a member of the Beta Alpha Lambda Chapter of Phi Theta Kappa Honor Society, and was chosen as a member of the 2017 Phi Theta Kappa All-Illinois Academic Team. During her time at FCC, Michaela was named to Who's Who Among Students in American Junior Colleges while earning a 4.0 grade point average. Michaela excelled on the playing field as an outfielder for the inaugural Bobcats softball team in 2015-2016 and again in 2016-2017. She received National Junior College Athletic Association recognition in 2015-2016 NJCAA Academic Student Athlete Award for Superior Academic Achievement. Beach graduated with an Associate in Science and Arts Degree and an Associate in Science with high honors. Her future plans are to pursue a degree at the University of Southern Indiana, majoring in Pre-Medicine and specializing in Pediatrics.

Dean of Instruction Dr. Paul Bruinsma made the presentation of degrees and certificates with Illinois Eastern Community Colleges Board of Trustees Member Mr. Gary Carter conferring the degrees.

Presenting the diplomas to the graduates were Mr. Carter, fellow IECC Board of Trustees member Jan Ridgely and Assistant Dean of Student Services Jan Wiles.



Several FCC Students Recognized at Awards Night

Over 300 people attended the annual Awards Night ceremony recognizing Frontier Community College students for their outstanding academic achievements this year. Many students were on hand to receive their awards, including scholarships, club awards, career and technical education program, Math, English, and Science awards, and academic awards for Dean's, President's, and Chief Executive Officer's Honors List recognition.

Below are just a few scenes from the evening. At left, Illinois Eastern Community Colleges CEO Terry Bruce presents a CEO's Honors List certificate to Bobcats baseball player Chris Iltshishin. Top right, FCC Foundation President and Executive Office Professional faculty member Sarah Rush presents the Executive Office Professional Award to Rebecca Spitzner. Bottom Right, Dean of Instruction Dr. Paul Bruinsma presents the Automotive Technology Award to Otis Venters, Sr.



FCC Receives \$1,000 Wal-Mart Grant



Frontier Community College has received a Wal-Mart Grant which will be used for assistance in the Strength and Conditioning camps that FCC offers for children ages 8-18 and college athletes.

The purpose of the camps is to teach proper mechanics of sport skills and strength exercises to prevent injury and promote athletic performance. The overall goal of the program is to prevent injury in local athletes, promote their athletic ability for the opportunity to increase athletic career longevity, and create healthy exercise habits.

Work in the weight room will include major lift techniques, plyometrics, and body weight exercises, while outside work will consist of speed and agility development.

Spring 2017 Honors List Announced

Frontier Community College in Fairfield is pleased to announce its Honors List for Spring Semester 2017. To be eligible for the CEO's Honors List, a student must have a GPA of 4.0 to 3.90 based on a 4.0 scale and must have been enrolled for at least twelve (12) semester hours for the Spring Semester. Students on the CEO's List include:

Albion: Taner Carlson Cody Gifford Jennifer Thomason	Cisne: Jordon Atkinson Janaye Barnfield McKensie Harrison Sandra Sanders Madison Smith Marissa Spitzner Rebecca Spitzner	Cheyanne Garrison Jennifer Harvey Cathy Henry Kasey Ingram Robin Jones John King Joel Koker Alyssa Kollak Sky Kollak Gemma Loss Johanna Meyers McKenzie Michaelis Bethany Phelps Sabrina Simpson Teresa Simpson Luke Townsend Sheryl Walker Allysa Walters Twyla Wilson Mark Withrow	Flora: Sarah Conrad	Mt. Vernon: Alexys Pedtke
Barnhill: Kristina Major	Evansville, IN: Isaac Johnston	Marion, KY: Seth Cummings	Geff: Benjamin Belangee Jason Downer Robin Hooper Andrea Lambert Valerie Scott Vanessa Vinson	Oakland City, IN: Michaela Beach
Benton: Taylor Mosley	Fairfield: Mark Andrist Darla Bankston Karen Barnard Jillian Best Janet Bryan Deana Coomer Julia Earnst Skylar Esmon	McLeansboro: Derek Endicott	Mt. Erie: Amber Atteberry Christina Atteberry Misty Gill	Rinard: Nicole Jordan
Carlyle: Elijah Isaak				Sims: Otis Venters
Carmi: Frances Alexander Jessica Rush				Steeleville: Allannah Renner
Chesterfield, MO: Devyn Colvin				Wayne City: Sara Green
				Xenia: Noah Pickel

To be eligible for the President's Honors List, a student must have a GPA of 3.89 to 3.75 based on a 4.0 scale and must have been enrolled for at least twelve (12) semester hours for the Spring Semester. Students on the President's List include:

Cisne: Melissa Stewart	Evansville, IN: Cyporah Kirk	Jennifer Edwards Elizabeth Frazier Katelyn Kistner Matthew Legg Brylan Morlan Jessica Reeves	Grayville: Stacy Withrow	Waterloo, Canada: Christopher Iltshishin
Clay City: Amy Robichaux	Fairfield: Garet Collum Jorji Demaret		Hartford, KY: Lawson Clayton	Wingo, KY: Kaitlin Woolard

To be eligible for the Dean's Honors List, a student must have a GPA of 3.74 to 3.50 based on a 4.0 scale and must have been enrolled for at least twelve (12) semester hours for the Spring Semester. Students on the Dean's List include:

Albion: Donald Bielecki Madeline Gillard Heather Land Alex Pertl Matthew Stevenson	Cisne: Katie Weaver	Flora: Lucas Behnke	Oakland City, IN: Haley Settle	West Frankfort: Samantha Finn
Arecibo, Puerto Rico: Gabriel Morales	Fairfield: Carrie Christman Chelsea Dulany Kristi Paul Jerrick Smith Chloe Weaver	Hardensberg, KY: Trey Woosley	Sims: Otis Venters	Xenia: Taylor Allen
		Lake Worth, FL: Kenneth Otero	Wayne City: Ashley Hall Abby Reeves	

EVENTS, CLASSES, AND HAPPENINGS AT FCC!

FRONTIER COMMUNITY COLLEGE STRENGTH & CONDITIONING CAMPS

THE PURPOSE OF THIS CAMP IS TO TEACH PROPER TECHNIQUE AND INCREASE ATHLETIC PERFORMANCE IN MANY DIFFERENT ASPECTS FROM STRENGTH AND POWER TO SPEED AND AGILITY. **IN THE WEIGHT ROOM**, WE WILL GO OVER TECHNIQUE OF MAJOR LIFTS, PLYOMETRIC, AND BODY WEIGHT EXERCISES. WE WILL THEN EXPLAIN THE TRANSFER BETWEEN STRENGTH AND CONDITIONING TO THE MOVEMENTS THAT OCCUR IN SPORT. FOCUS WILL BE ON THE QUALITY OF REPS TO DEVELOP PROPER MECHANICS IN DEVELOPING EXPLOSIVENESS AND PREVENTING INJURY. **OUTSIDE WORK** WILL CONSIST OF SPEED AND AGILITY DEVELOPMENT. THE FOCUS OF THIS PROGRAM IS TO DEVELOP QUICKNESS IN FORWARD AND LATERAL MOVEMENTS THAT TRANSFER TO VARIOUS SPORTS.

TO REQUEST MORE INFORMATION, PLEASE CONTACT LUKE HARL AT FRONTIER BY PHONE OR EMAIL (HARLL@IECC.EDU)

AGE GROUP SESSIONS

4 & 5th Grade

June 15 or July 8

8:00 - 11:30 am

6 - 8th Grade

June 16 or July 15

8:00 - 11:30 am

High School

June 8 or June 30

8:00 am - Noon

WHERE:

Frontier Community
College Bobcat Den

COST:

\$40 per person

Qualifier: additional programming/training
can be completed upon request.

CALL: 618-842-3711 & ASK FOR LUKE HARL

FCC Scholarships Presented to Wayne City High Schoolers



Frontier Community College is happy to welcome these Wayne City High School students as they were recently presented scholarships by Financial Aid Coordinator Lori Noe. Pictured from left are Myrand Kenshalo - Edward and Alma Cole Scholarship, Bethany Bailey - Dean's Scholar Award, Noe, Mikayla Walters - Fairfield Coin Club Scholarship in memory of Joey Simms, and Sissy Hedden - Wayne and Helen Blackmer Scholarship.

TRIO Ends 2016-17 Year With a Bang

The Frontier Community College TRIO SSS students ended the busy 2016-2017 school year on a high note with several events. On April 21, several students from FCC's TRIO attended a University of Evansville campus visit, visited Mesker Park Zoo, attended Little Women the Musical at the University of Southern Indiana, and relaxed at Walther's Golf and Fun. The annual TRIO SSS Recognition Reception was held on April 29, with awards given out to Honored Guests, Graduates, Peer Mentors, and all participants in attendance.

Pictured below left at the Recognition Reception are: Chloe Weaver, TRIO Advisor Annie Lankford, Jonah Weaver, Adrienne Sons, Tiffany Earnst, J'Lynn Johnson, Cheyanne Garrison, Kristin Steury, Kaleb Borah, Tristan Payne, Emilio Esquivel, Sidney Sullens, and Bethany Phelps. Below right are students in front of UE: Advisor Annie Lankford, Cheyanne Garrison, Devyn Colvin, Madison Lydick, Kaleb Borah, Chris Russell (LTC), Jonah Weaver, Kirstan Larimer, and Nicole McKim (OCC).





The Bobcat Beat

Bobcats Softball Signs Two More Players

Bobcats Softball is excited to announce the signing of two new players for the 2017-2018 seasons.

Local player Caisie Hart has officially signed her letter of intent to play for Bobcats Softball out of Wayne City High School. Also signing in the past month is Anna Wheeler from Kennett, Missouri. Both ladies are pictured below - welcome to the Bobcats Family!



Spring Athletes Excel in the Classroom

Bobcats Softball and Baseball players had a successful spring semester not only on the field, but in the classroom as well.

Softball's goal was to improve their team grade point average from last year after placing tenth in the nation with a 3.53 GPA. Their mission was accomplished as they achieved an average team fall 2016 and spring 2017 grade point average of 3.61.

Michaela Beach, Misty Gill, Sara Green, Taylor Mosley, and Kaitlin Woolard all received high honors by achieving GPAs between 3.9-4.0. Samantha Finn, Cyporah Kirk, Abby Reeves, Allanah Renner, and Haley Settle each received honors for their GPAs between 3.5-3.89.

The baseball squad also had a nice year in the classroom for their inaugural season, achieving an average team grade point average for fall 2016 and spring 2017 of 3.39.

Receiving high honors were Lawson Clayton, Seth Cummings, Chris Iltshishin, and Isaac Johnston. Players reaching honors status include Joseph Guevara, Stanton Hathaway, Jean Carlos Matos-Rodriguez, Gabriel Morales, and Kenneth Otero.

Statistics have been submitted to the NJCAA, so stay tuned to see where the Bobcats rank with other schools in the nation!