



Upcoming Events in January

- 4 **College Reopens**
- 5 **TEAS Testing**
9:30 a.m., Williams Hall 108
- 6 **Faculty Workshop**
- 7 **Compass Testing**
9 a.m., Williams Hall 119
- 8 **TRIO SSS Workshop**
- 9 **Pearson VUE Testing**
8 a.m., Williams Hall 117/118
- 11 **Spring Semester Begins**
Blood Drive
9 a.m., Student Union
- 13 **Phi Theta Kappa Cookie Sales**
11-1, Williams Hall Foyer
- 15 **Brown Bag Lunch: International Students**
12 p.m., Cafeteria
- 18 **College Closed - Martin Luther King Jr. Day**
- 20 **Phi Theta Kappa Cookie Sales**
11-1, Williams Hall Foyer
- 21 **Safety Council**
12 p.m., Lincoln Room
Dr. Who Trivia Contest
7 p.m., Library
- 23 **Winter Band Fest**
Concert: 7 p.m., Theater
- 25 **Last Day to Register for Spring Classes**
- 26 **Auditions for Godspell**
7 p.m., Theater
- 27 **Phi Theta Kappa Cookie Sales**
11-1, Williams Hall Foyer
Auditions for Godspell
7 p.m., Theater
- 28 **LTC Foundation Meeting**
12 p.m., Lincoln Room
Nutrition Bang for Your Buck Workshop
6 p.m., Library
Auditions for Godspell
7 p.m., Theater
- 29 **Compass Testing**
10 a.m., Williams Hall 119
- 30 **Pearson VUE Testing**
8 a.m., Williams Hall 117/118

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PRESIDENT HARRIS ANNOUNCES RETIREMENT



Lincoln Trail College President Kathryn Harris is getting ready to retire. She will step down from her position after the current academic year.

“After 35 years, I think it’s about time. I’ve done about every job I could here at Lincoln Trail and I think it’s about time for me to think about doing something else.”

Harris came to Lincoln Trail College in 1981. In that time, Harris has served as an instructor of education, physical education and speech, women’s basketball and softball coach, athletic director, pool manager, academic advisor, Student Senate sponsor, and Dean of Instruction. She took over as the college’s President in 2013.

In addition to that, Harris has assisted with curriculum development and has been a region representative for the Illinois Articulation Initiative.

“I hope I leave a legacy that I believe that our students should come first. I really believe that we’re here for our students and I want to be remembered as a good instructor and administrator who was really concerned with how our students were succeeding,” says Harris.

She says one of her proudest accomplishments is related to the pool. “Probably my greatest accomplishment here was starting the fourth grade swim program and having the knowledge that for the last several years every fourth grader in the county had the opportunity to get swim lessons.”

Harris says she has a lot of memories of her time at Lincoln Trail and it’s hard to pick out any one special memory. “Through the years, I’ve had a wonderful experience and I just try to remember all of the students and their successes the best I can.”

BROADBAND TELECOM WORKS WITH FCC, WVC

The Lincoln Trail College Broadband Telecom Program worked with Frontier Community College and Wabash Valley College this fall.

Students in the program had the opportunity to take what they've been learning in the classroom and put that to use in a real-world project at Frontier Community College. Students in the Outside Plant Construction and Intro to Fiber classes worked on a fiber installation project.

Students installed fiber optic cable between two buildings. The students used a Vermeer Cable Plow that was donated by Ron Waldrop of Olney, Ill. a couple of years ago. While the students were there, they also replaced a cable for a security camera. On the second day of the project, students installed connectors on the fiber to connect two buildings.

"This was a very real-world project for our students. We did the job pretty much from start to finish from ordering the fiber to ordering the parts we needed to putting the connectors on," says Broadband Telecom Lead Instructor Jesse Allen.

He says that's a very important step for students as they plan for their future careers in the industry.

"This is just like a project they would do if they were working for a company or if they owned a company that was hired as the contractor for that job. They called in the JULIEs, they dug up the facilities in the area and they did the job. They basically got to see what it is like in the real world and do the hands-on portion of that."

Allen says class projects like this also help prepare students in the program for summer internships. He says this past summer, he had one-hundred percent placement for students in internships. There were 12 students placed in internships throughout Illinois and some in Indiana. Allen says one of his sophomores started an internship in late May and was hired full-time with full benefits a month into the internship.

Lincoln Trail College had some help from Wabash Valley College during the project. Scott Balding and Eric Schiller from the WVC Diesel Program used their personal time to transport the cable plow from Robinson to Fairfield. After LTC finished the project, they took the plow to WVC for a class project and to work on the hydraulics.



LTC PREPARING FOR SPRING SEMESTER



We'll keep the lights on for you...

To make it easier for you to register for spring classes, our advisors will be here until 7:00 p.m. on the following days:
Dec. 7 & 8
Dec. 14 & 15
 Call 618-544-8657 for an appointment.



Quality education.
Affordable costs.

Lincoln Trail College is helping students prepare for the Spring Semester right now.

Advisors have been meeting with students to get them enrolled in classes for the spring and also helping make sure that the students are on track to achieve their academic goals.

At the same time, advisors are also trying to make it easier for students that might struggle to make it to Lincoln Trail College during the course of the school day.

“We know that not all of our students and prospective students can meet with us during regular business hours,” says Lincoln Trail College Director of Academic Advising and Recruitment Tyler Browning. “Some of our students have full-time jobs and other obligations during the day, so we’re going to stay open late on four dates to give them a chance to see us.”

Lincoln Trail College advisors will be available until 7 p.m. on December 7, 8, 14, and 15. You can make an appointment to see an advisor by calling 618-544-8657.

Lincoln Trail College will offer a wide range of classes during the Spring Semester. Once again, the college will offer day and evening classes to help fit busy schedules. There are also online courses available. Students can take classes to help them prepare to transfer to a four-year university. Students can also take hands-on, career-based courses to help them prepare for the work force. There are also a number of personal enrichment classes for students that want to study a topic that interests them.

The Spring Semester at Lincoln Trail College begins January 11.

GRABNER STARS IN OFF-BROADWAY PRODUCTION

Lincoln Trail College alumnus Derek Grabner recently completed a starring role in an Off-Broadway play in New York City.

Grabner played The Sailor in the New York premiere of *The Widow of Tom’s Hills*. It was written by Aleks Merilo and directed by Rachel Black Spaulding. The play is set in Tom’s Hill, Washington in 1918 during the Spanish Flu.

In the production, Grabner’s character works to communicate information from his superiors to 19-year-old widow Aideen. She’s in charge of reporting health information about people in the town. As the two communicate, they begin to bond over the hardships they’re facing.

In an online review on broadwayworld.com, Marina Kennedy writes that Grabner completely captures the role of The Sailor. Kennedy also compliments the onstage chemistry Grabner has with Lucy Lavelly, who plays Aideen.

The Widow of Tom’s Hill completed its run at the 59E59 Theater.

Grabner is a 2009 graduate of Lincoln Trail College. While at LTC, Grabner played baseball and was involved in theater productions. He was also an excellent student, graduating with high honors with a cumulative GPA of 3.91.

He lives in New York City where he’s pursuing a career in acting. He’s appeared on the television shows “Elementary” and “Madam Secretary.”



TRIO SSS DONATES TO FOOD PANTRY



The Lincoln Trail College TRIO Student Support Services donated over \$600 to the Robinson Area Food Pantry.

The 40 students involved in the program sold raffle tickets for a turkey donated by County Market. The money raised from the raffle was donated to the Robinson Area Food Pantry to help them provide assistance to people in need.

“We really want to thank the community for their continued support,” says TRIO Counselor Tiffany White. “We had a number of people in the community purchase tickets in addition to the faculty, staff and students at Lincoln Trail College.”

LTC student Brandon Vessels won the turkey.

Altogether, TRIO SSS raised \$621.46 for the Robinson Area Food Pantry.

TRIO STUDENTS ATTEND WORKSHOP

On Nov. 21, the TRIO Student Support Services (SSS) program of the Illinois Eastern Community College district held its quarterly workshop. The focus of the workshop was Business Etiquette, Essential Skills in the Workplace.

Lindsey Miller, the key-note speaker, has over 30 years of senior level Human Resource Management experience with General Electric. Her assignments span 4 different businesses and include Education Grant Management, Organization and Staffing, Labor Relations, Manager of Recruiting, Ombudsman, Compensation, etc. She also has extensive experience designing and delivering training on a variety of subjects such as: Executive Coaching and Assessment, Performance Management, Conflict Resolution, and Leadership Development.

Lindsey’s strong experience as a seasoned HR professional coupled with her knowledge of business processes makes her an extremely valuable asset to her clients. She is passionate about education and the underserved and enjoys being a catalyst for positive change--, working with teams and individuals.

She provided the students with information spanning topics such as interview etiquette, dressing for success, and essential skills in the workplace.

The students were told to wear business professional or business casual attire and there was a fashion show after the key-note presentation in which students displayed their business wear and critiqued each other and offered suggestions.

There was a Business Etiquette luncheon at which several dignitaries from Olney Central College (OCC) and Olney Chamber of Commerce were present to offer the students an opportunity to use professional communication skills. Those in attendance from OCC were President Rodney Ranes, Assistant Dean of Student Services, Adam Greathouse, Coordinator of Career Services Allan Alldredge, and Speech Instructor James Tucker. Julie Herring and Linda Brown represented the Olney Chamber of Commerce.

A team building activity was a part of the agenda as well as a presentation on Elevator Speeches. There was a very interesting session in Speed Interviewing. The day ended with a presentation thank you letters and cards for interviews and scholarships. A canned food drive was the community service aspect of the workshop of the day and a raffle from which the proceeds will be going to the local foodbanks in each of the district’s college locations.



SECRET SANTA BRINGS CHEER



Lincoln Trail College is spreading its generosity in an effort to make the holidays brighter for students that need a little help from Santa Claus this Christmas.

Each year, full-time Lincoln Trail College students with children under 13-years-old, who have a high level of unmet need on their financial aid package are identified and asked if they would like to participate in LTC's Secret Santa Project. The annual initiative gives gifts to the families.

The families that choose to participate provide LTC with wish lists from their children. They also provide information like clothing sizes and their children's interests. That information is used to purchase clothing, toys



and other gifts for the children.

The gifts are wrapped and the students pick them up during the week of finals.

Local businesses and the Lincoln Trail College Foundation help with donations for the Secret Santa Project. The LTC Student Nurses' Association also helped raise funds for this year's project.

This year, 15 families will benefit from the LTC Secret Santa Project, helping 24 children have a better Christmas.

LTC HOSTS MARATHON SAFETY CONFERENCE

Lincoln Trail College will once again provide the facilities for a major safety conference Dec. 9-10.

This is the third Behavior Based Safety Conference put on by the Illinois Refining Division of Marathon Petroleum Company.

The conference features nationally renowned safety experts along with motivational speakers. They'll share their knowledge with the attendees to help them improve safety and morale in their companies.

The two-day event is open to companies in Crawford County and the surrounding area. It gives them a chance to learn more about behavior based safety, how it can improve their safety record and affect their bottom line.

Attendees will hear the latest research and methodology to improve safety records and increase productivity.

The conference is free and runs from 7:30 a.m. to 4:30 p.m. each day. About two-hundred people are expected to attend the conference.

WOLVEN RECOGNIZED ON WEBSITE



Dr. Ann Wolven has been recognized by Elite Women Worldwide, a website that recognizes prominent and successful female leaders.

Dr. Wolven is an English and literature instructor at Lincoln Trail College. She teaches both face-to-face and online courses. Elite Women Worldwide recognized Dr. Wolven

for her instruction as well as for her efforts to advise and mentor new students.

Dr. Wolven is a 1981 graduate in English from Mary Baldwin College. From there, she pursued a Master of Science in Journalism at Northwestern University and obtained a Master of Arts in secondary English education from Lynchburg College. Most recently, Dr. Wolven earned an Ed.D in organizational leadership with an emphasis in higher education leadership from Grand Canyon University.

Elite Women Worldwide published a brief profile of Dr. Wolven on their website.

STATESMEN HOLDING VELOCITY CLINIC

Area high school baseball players that want learn how to improve their strength, velocity and power will get a chance to do so at the Lincoln Trail College Velocity and Strength Showcase Dec. 13.

The unique camp will give players an insight into what the Statesmen pitchers, catchers and hitters do indoors and in the weight room, no matter what season it is.

Pitchers that attend the camp will see what Statesmen pitchers do on a daily and weekly basis to improve velocity and command. Attendees will workout with weighted baseballs and other velocity training tools. They'll learn how these tools teach both arm speed and arm strength. They'll also get an overview of recovery and arm care routines post-throwing. Pitchers will also be given an opportunity to showcase their skills in a bullpen format.

Catchers will get a chance to showcase their defensive skills in a bullpen session. They'll also be able to participate in hitting drills. Catchers will also learn keys to improve power at the plate and see what LTC athletes do in the weight room on a daily basis.

Position players will learn keys to improve power at the plate through drill work. They'll also get to participate in a hitting showcase and see what Statesmen players do in the weight room.

The Velocity and Strength camp will provide high school athletes eager to continue their baseball careers a unique opportunity to see the training and preparation it takes to maximize their abilities and each participant will showcase his skills in front of LTC staff.

The camp runs from 10 a.m.-2 p.m. on Dec. 13. Pitchers and position players can register for \$40. Players that want to register as both a pitcher and position player will be charged \$60. There's also a sibling discount available.

To register, players should contact LTC Assistant Baseball Coach Danny Chamblis at 618-546-2398.

ECK SIGNS COMMITMENT

Another Statesmen baseball player will continue his career at a four-year college. Left-handed pitcher Konner Eck committed to St. Catharine College in Kentucky.

"This is one we're going to smile about for a long time," says Lincoln Trail College Baseball Coach Kevin Bowers. When Eck was in high school, he was involved in a serious accident and has plates in his back and head. Bowers says Eck sat out of baseball for a couple of years after trying to go to college right after high school.

"Konner walked up after a practice in early August of last year and asked to throw a bullpen," says Bowers. "So he throws his bullpen and it was pretty good, which doesn't happen very often that way. Since then, he's just worked his tail off. He's going to be one of our top arms and he's going to be one of the top arms in the league. He's garnered a ton of pro attention as well."

Bowers says he's most impressed with Eck's mental toughness, "The perseverance in this young man to never walk away, to never give up on his dream is one of those things that as a coach, it kind of rejuvenates you a little bit."

Eck joins pitcher Austin Batka (Michigan) and outfielder Jack Holden (Eastern Illinois) in committing to four-year schools. Bowers says he expects to have five or six more of his sophomores sign commitments in the spring.



January Schedules

Men's Basketball

6	at Vincennes	6:00
9	at Shawnee	3:00
13	Lewis & Clark	7:30
16	at Kaskaskia	3:00
20	John A. Logan	7:30
24	at Rend Lake	4:00
27	at Southeastern	7:30
30	Lake Land	3:00

Women's Basketball

4	at MacMurray	3:00
6	at Vincennes	4:00
9	at Shawnee	1:00
13	Lewis & Clark	5:30
16	at Kaskaskia	1:00
20	John A. Logan	5:30
24	at Rend Lake	2:00
27	at Southeastern	5:30
30	Lake Land	1:00

ltcathletics.com