

Take Care of Your MENTAL HEALTH



Crisis Services

- Clay, Crawford, Edwards, Effingham, Jasper, Lawrence, Richland, and Wabash Counties- **Lawrence County Health Department-**
Day time 618-943-3302
After Hours Crisis Line 618-943-5766
Text Line 1-855-524-2428
- Wayne County- **One Hope United-**
618-242-8266
- Medicaid-students with Illinois Medicaid up to age 21- **Screening Assessment and Supportive Services (SASS)-**
Cares Line 1-800-345-9049
- 988 Suicide and Crisis Lifeline-Text/Call 988-
Nationwide
- Crisis Text Line- Text HOME to: 741741. The Crisis Text Line serves anyone nationwide, in any type of crisis, 24-hours a day. Trained crisis counselors will respond and help you.

HOTLINES

ILLINOIS WARM LINE
1-866-359-7953
MONDAY-SATURDAY
8:00AM-8:00PM

ILLINOIS HELPLINE FOR OPIOIDS & OTHER SUBSTANCES
1-833-2FINDHELP (1-833-234-6343)

GAMBLING PROBLEMS
1-800-GAMBLER (1-800-426-2537)



ILLINOIS EASTERN COMMUNITY COLLEGES



ILLINOIS EASTERN COMMUNITY COLLEGES

HOLLY O'BRIEN ACSW LCSW
MENTAL HEALTH SPECIALIST
ILLINOIS EASTERN COMMUNITY COLLEGES
305 N WEST ST.
OLNEY, IL 62450
618-395-7777 EXT. 2242
EMAIL: OBRIENH@IECC.EDU



COUNSELING/THERAPY

CLAY COUNTY

- CHRISTOPHER RURAL HEALTH PLANNING CORPORATION-CLAY MEDICAL CLINIC
618-662-8386

- CLAY COUNTY HOSPITAL-
CLAY CITY CLINIC
618-662-2131

CRAWFORD COUNTY

- LIFESTANCE HEALTH THERAPISTS &
PSYCHIATRISTS
630-428-7890

- HOPE AND HEALING COUNSELING
ROBINSON FIRST UNITED METHODIST
CHURCH- ANGELA NEWLIN, LPC
618-469-1020

- HAVEN THERAPY PRACTICE
MARCIA THORSEN, LCPC
618-421-5588

- LAWRENCE COUNTY HEALTH
DEPARTMENT-BEHAVIOR HEALTH CLINIC
CRAWFORD COUNTY OFFICE
618-943-3302
CRISIS LINE 618-943-5766

- AGAPE CHRISTIAN COUNSELING
HIGHLAND CHRISTIAN CHURCH
RICH SWISHER, LCSW
618-553-2622

- **PREVAIL ILLINOIS(FORMERLY CAISA)**
618-544-9379
HOTLINE: 1-888-345-2846

JASPER COUNTY

- JASPER COUNTY HEALTH DEPARTMENT-
BEHAVIORAL HEALTH
618-783-4154

LAWRENCE COUNTY

- LAWRENCE COUNTY HEALTH
DEPARTMENT-BEHAVIOR HEALTH CLINIC
618-943-3302

- RESILIENT COUNSELING
ANDREW CALDWELL, LCPC
618-510-9131

- LAWRENCE COUNTY MEMORIAL
HOSPITAL-PRIMARY CARE CLINIC
618-943-7283

- RED HILLS COUNSELING CENTER
DR. FRED WHITE
618-936-2151

- MIDDLE WAY PSYCHIATRY
AMELIA PAULEY PMHNP-BC
618-720-0159

RICHLAND COUNTY

- CARLE OLNEY PRIMARY CARE CLINIC
618-392-9400

- COLWELL COUNSELING & CONSULTING
SERVICES, INC.
CHERYL COWELL, LCPC
618-392-8255

- COUNSELING AND INFORMATION FOR
SEXUAL ASSAULT/ABUSE (CAISA)
618-879-2130
HOTLINE: 1-888-345-2846

- JASPER COUNTY HEALTH DEPARTMENT -
BEHAVIORAL HEALTH
618-783-4154

- LESLIE ATKINS MENTAL AND
BEHAVIORAL HEALTH
618-707-4531

- LIFELINKS SIHF - WEBER MEDICAL
217-238-5700

- BRANDEE L HAHN COUNSELING
618-417-7012

- LIVING WELL COUNSELING AND
THERAPY SOLUTIONS
618-354-0878

- ONE HOPE UNITED
618-395-8656

- AFFINITY FAMILY HEALTH AND
WELLNESS
618-429-9470

WABASH COUNTY

- WABASH COMMUNITY HEALTH CENTER
618-263-4970

- LIVING HOPE COUNSELING CENTER,
AMBER MCGINNIS, LCPC
618-240-6517

WAYNE COUNTY

- EGYPTIAN BEHAVIORAL HEALTH
618-516-5326

- HORIZON HEALTHCARE
618-842-4617

- CHRISTOPHER RURAL HEALTH PLANNING
CORPORATION- FAIRFIELD COMMUNITY
HEALTH CENTER
618-842-4470

- **SEXUAL ASSAULT AND FAMILY
EMERGENCIES (SAFE)**
618-316-7017
24 HOUR SEXUAL ASSAULT HOTLINE:
1-800-625-1414

PSYCHIATRY

- **AFFINITY FAMILY HEALTH
AND WELLNESS**
618-429-9470

- **CARLE OLNEY PRIMARY CARE
CLINIC**
618-392-9400

- **CHRISTOPHER RURAL HEALTH
PLANNING CORPORATION-
CLAY MEDICAL CLINIC**
618-662-8386

- **CHRISTOPHER RURAL HEALTH
PLANNING CORPORATION-
FAIRFIELD COMMUNITY
HEALTH CENTER**
618-842-4470

- **CLAY COUNTY HOSPITAL
CLAY CITY CLINIC**
618-662-2131
1-800-762-2309

- **CRAWFORD MEMORIAL
HOSPITAL**
618-544-3131

- **MIDDLE WAY PSYCHIATRY
AMELIA PAULEY PMHNP-BC**
618-720-0159

- **SIHF BEHAVIORAL HEALTH
WEBER MEDICAL**
618-395-5222

- **YANCI SHROYER, PMHNP**
618-879-2150

- **WABASH COMMUNITY
HEALTH CENTER**
618-263-4970

