

VIEW FROM THE VALLEY

VOLUME 18 - ISSUE 03

MAGAZINE

ALUMNI SPOTLIGHT
HONORING VETERANS
PIZZA, PIZZA!
AND MORE!



OCTOBER 2023

“Self-discipline is
the magic **power**
that makes you
virtually
unstoppable..”

DAN KENNEDY



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EDITOR'S NOTE

Hello, dear readers of *View From The Valley*, and welcome to another exciting edition of our newsletter!

Mid-October has arrived, and with it, the ubiquitous presence of midterms. Our dedicated students are in the throes of a studious groove, armed with textbooks, highlighters, and determination. It's their time to shine, and we're cheering them on every step of the way.

Fall has officially settled in, casting a warm glow over our campus. The theater productions are in full swing, with talented actors and behind-the-scenes wizards weaving their magic to bring captivating stories to life. Be sure to mark your calendars for these upcoming performances; they're not to be missed!

What truly warms our hearts is witnessing the strong bond between our community and campus. The past month has seen a delightful array of events that promote this union—a testament to the incredible spirit of unity that defines us.

As we tread from October into November, the anticipation for winter sports is palpable. Our athletes are gearing up to take on the chilly months ahead. So, as we navigate this transitional period, let's relish the beauty of autumn, the excitement of our students' achievements, and the promise of what's to come. Stay tuned for more stories, updates, and the pulse of our vibrant community in the pages of *View From The Valley*.

Wishing you all a splendid autumn season ahead!

Warm regards,



Happy fall! I love the fall weather a lot, though I can't say I'm a big fan of allergies. Regardless, fall is a great time of year. Things start to cool off in September and then it's October for spooky season! I LOVE Halloween. Easily a top three holiday for me. Between decorating, watching spooky movies, and doing Halloween pranks, October is a blast.

The activities for campus for September were pretty great, but October will be even better! Trunk or Treat this year is probably one of my favorite events WVC does. A bunch of students and clubs dress up and pass out candy to kids. It was super fun and I even had leftover candy. Don't worry, it didn't go to waste. And I can't believe midterms are already here. It feels like we just came back to starting classes a week ago. But time really flies!

Read on!



UPCOMING EVENTS

October 9, 2023

WVC is Closed

October 10, 2023

No Classes. District Faculty/Staff
Professional Development Day

October 11, 2023

Lady Warriors Soccer*
vs. Lincoln Trail College

Lady Warriors Volleyball*
vs. Southeastern Illinois College

October 12, 2023

WVC Midterms

October 15, 2023

Lady Warriors Soccer* vs. Southwest
Tennessee Community College

October 18, 2023

Lady Warriors Volleyball*
vs. Kaskaskia College

October 23, 2023

Lady Warriors Volleyball*
vs. Rend Lake College (sophomore night)

October 24, 2023

Murray State University Visit

October 30, 2023

WVC Trunk or Treat

November 10, 2023

Colleges Closed. Veteran's Day Observed

Apply to an IECC college deadline for
scholarship money

*home games

Be sure to follow us on social media for
event reminders, game schedule changes,
Student activities, and more!



EMPLOYEE SPOTLIGHT

BY RYLAN ROBB



Eli Grimes is the Broadcast Services Specialist at Wabash Valley College in the Radio/TV department. He is originally from Albion and graduated from WVC with an

Associate's Degree in Applied Sciences in Radio/TV and digital media. "Coming out of high school, I was very uncertain of what I wanted to do for a career," Eli commented. "I had minimal experience with a microphone, but a friend of mine reached out and encouraged me to sign up with Kyle Peach in the Radio/TV program. Years later and I found myself working in the same building!" He didn't know that he wanted this job for a potential career but after enrolling in WVC, fell in love with content creation. Eli said he became very passionate about connecting with an audience no matter what the platform – live TV, radio, or social media!

In his job, he helps to run the college radio station, 89.1 The Bash, and helps to direct newscasts for the cable channel, News Channel 15. He also does work for sporting events at both the high school and college level, as well as running the social media pages for the department. Eli will also help students to record their own shows and class projects as well.

When asked about his favorite part about the job, he said, "Getting to know the students year in and year out while watching them progress their skills is really something to watch. Seeing their confidence and enthusiasm rise throughout the two years in the program has to be my favorite part of the job by far." He also mentioned he loves to help students solve problems and bring their ideas to life, and how rewarding that is. Eli also commented he wants the students in the Radio/TV program to "not only find what you love to do and become great at it, but to also become great at the things you don't like doing. Becoming a jack of all trades in this industry is one of the best things you can do."

Q&A

Q: What is your favorite lunch spot?

A: "It's got to be Taco Tierra, the absolute staple of Mt. Carmel. But I don't mind a Stymie's run or Tequilas from time to time!"

Q: What is your favorite song right now?

A: "My favorite song right now would have to be Nothing Works by Declan McKenna, but the answer changes every week, so don't take too much stock in that!"

Q: What are your favorite sports and sports teams?

A: "I'm a huge football fan and unfortunately I'm also a Chicago Bears fan, so it's a love-hate relationship."

A HERO'S CHAIR

Nestled quietly on our Wabash Valley College campus, there exists a chair that stands as a solemn symbol of remembrance. The POW/MIA Chair of Honor is a powerful tribute to our nation's heroes—those who are Prisoners of War (POW) or Missing in Action (MIA).

This initiative, embraced by our college, sets aside an empty chair to honor and remember those who have not returned from the battlefield. The chair signifies our undying hope for their return and deep appreciation for their sacrifice. It's a poignant reminder that, though they may not be with us, they will never be forgotten.



Congressman Mike Bost and Mayor Joe Judge stare in reverence of the POW/MIA Chair

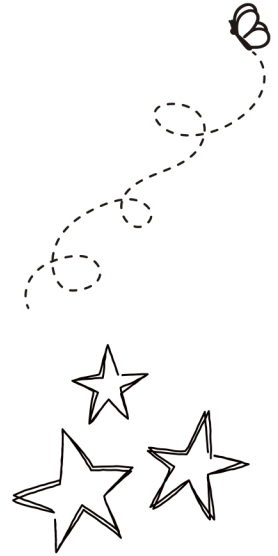
Congressman Mike Bost and Dean Robert Conn discuss the impact and the significance the POW/MIA chair has had on veterans and their families across the nation.



In 2014, a POW/MIA Chair of Honor Dedication Ceremony was held at WVC, a significant moment that underlined our commitment to this noble cause. The chair sits in the area between Main Hall and the Industrial Studies (IS) Building on the Wabash Valley College campus.

As we approach November 10th, this year's Veterans Day, this solemn seat serves as a reminder that freedom and justice should never waver. It's a testament to our commitment to honor and remember, a symbol of hope, and an unwavering tribute to our heroes. WVC proudly displays the POW/MIA Chair of Honor, ensuring their sacrifice is never forgotten.

STUDENT SPOTLIGHT



Brooklyn is a sophomore student attending Wabash Valley. She's from Edwards County, not too far from the college and graduated from Pinehaven Christian School. After high school, she wasn't sure exactly what she wanted to do, so she decided to go to WVC and is a part of the Social Services program, where she could get a quality education, while also being affordable. Brooklyn also highlighted a very positive experience with her teachers at WVC saying, "They genuinely cared about their students and their education. But also that they were willing to build a relationship with their students to just genuinely pour into them and mentor them."

Brooklyn is super active outside of the classroom, being involved in many clubs and organizations on campus. She's the president of the Social Services Club, a member of Phi-Theta-Kappa, a member of Student Senate, the leader of the Seekers Club, and a student ambassador.

Outside of campus, she enjoys playing pickleball and spending time with her family, but when she has some downtime, she likes to read, listen to music, and be outside. Some of her future goals past WVC, is to be part of women's ministry, full time. She plans to graduate from WVC, with an A.A.S degree and an AS degree. After graduating, she plans to transfer to Boyce College in Louisville, Kentucky and obtain her Bachelor's Degree in Biblical Counseling.

Q&A

Q: What's on your playlist right now?

A: "Probably Casting Crowns."

Q: If you had a superpower, what would it be?

A: "Maybe to fly."

Q: What is your favorite food?

A: "Probably barbecue. And steak by far."

WARRIOR DAY

At Wabash Valley College, the spirit of sports and camaraderie took center stage on Warrior Day. It's a day that brings our campus together to celebrate the vibrant world of sports clubs and the athletic department. This year, the event was an absolute hit, with thrilling highlights and exciting activities that left everyone in high spirits.

One of the standout features of Warrior Day was the stunning display of boats courtesy of the Bass Team. Their impressive vessels were a testament to the dedication and passion that our students pour into their sports. But that's not all – the Archery Club wowed the crowd with captivating demonstrations of precision and skill.

The event kicked off at 4 PM, and there was no shortage of delicious snacks and savory pork burgers for sale. The best part? The proceeds from these delectable treats went right back to support our sports clubs, ensuring they can continue to thrive.

As the sun began its descent, the Lady Warriors Volleyball Game took center stage at 5:30 PM. The cheers and enthusiasm from the crowd made it an unforgettable showdown. Following the game, a volleyball clinic added an educational twist to the event, allowing aspiring athletes to learn from the very best.

The beauty of Warrior Day is that it's open to the public, welcoming everyone from our community to join in the festivities. It's a day when we come together to celebrate the spirit of sports, the dedication of our athletes, and the unity of our campus and community.

Warrior Day is not just an event; it's a vibrant tapestry of sports, community, and shared enthusiasm. We can't wait to see what the next Warrior Day has in store for us!



VOLLEYBALL CLINIC TURNOUT!



COMMUNITY GATHERING



ARCHERY TEAM DEMONSTRATION



WVC MEMORABILIA



BASS TEAM BOAT



ARCHERY TEAM TABLE



BASS TEAM INTRODUCTION

PIZZA DAY

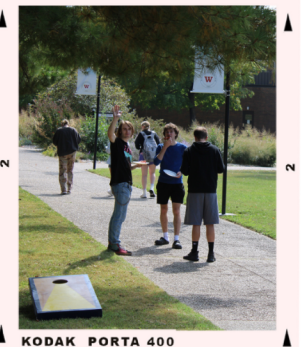
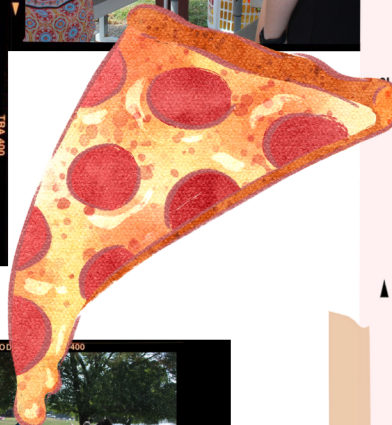
BY RYLAN ROBB

What's better than having pizza for lunch?
Eating free pizza for lunch!!

On September 26, WVC's Student Senate organization held a free pizza day event outside of Main Hall. They gave out free pizza from Little Italy's to help recruit more members to Student Senate!

Members also had cornhole and spike ball set up for other students to use and enjoy. Multiple students and staff members came out to enjoy a slice of pizza and play some cornhole. Even Student Senate advisor, Kyle Peach, got in a fun game of spike ball.

The event only lasted an hour, but all the pizza was gone. With full bellies, everyone went back to class. If anyone who missed the free pizza day is interested in joining Student Senate, contact Kyle Peach or go to a meeting. The meetings start at 12:00 on Tuesdays in the band room in the Science Building.



ALUMNI SPOTLIGHT



TOM SELBY

When did you attend WVC? 2005 - 2007

Did you graduate? Yes

What was your degree in? Associates of Science (biology)

Why did you choose to attend WVC? The pre-health curriculum was great. And it's rare to find a cadaver lab in a junior college with such great hands-on experience.

Favorite part about Mount Carmel/WVC? The people! And Taco Tierra.

Favorite class? Anatomy and Physiology I and II

What do you remember most about your time at WVC? My science classes were all fantastic, but I especially enjoyed my time as a Peer Counselor

Any clubs/athletics you were in? Peer Counselor, Student Senate

Did you transfer? Where did you transfer too and why? What was your degree (s) in? I transferred to Southern Illinois University Carbondale to finish my Bachelors in Biology, Minor in Chemistry, Pre-Med. I enjoyed the SIUC campus and I knew it had a great Pre-Med curriculum and the SIU School of Medicine on campus. I then went to SIU School of Medicine and graduated in 2013. I completed a Family Medicine Residency at Deaconess Hospital in Evansville, IN from 2013-2016. Then I worked as a Family Medicine physician from 2016-2020 at Wabash General Hospital. Then I completed a Dermatology residency at Wright State University in Dayton, OH from 2020-2023. Now I am a Dermatologist at Deaconess Clinic in Evansville, IN.

Where have you worked? Wabash General Hospital and Deaconess Clinic.

What do you do now? I am a Board Certified Dermatologist, providing medical, pediatric, surgical, and cosmetic dermatology care.

What do you enjoy most about your current job? I love the hands-on nature of Dermatology. It involves lots of procedures and office-based surgeries. There are many complex skin diseases and cancers. Treating those diseases medically and/or surgically to help people have healthy skin is very satisfying.

Did you feel like college prepared you for the workforce? Yes. In my career path college was mostly preparation for medical school, which was preparation for residency, which was preparation for the workforce. But college was the foundation and WVC was a critical part of my education.

What do you do in your free time? I have a wife and 3 children - Nathaniel (8), Nolan (6), and Regan (2). I like going to their various activities, running, bicycling, swimming, and golfing.

Advice for the workplace? I think being happy with your job means you have a good balance between free time and work time.

Any advice for students in high school/college? Trying to figure out what you want to do with your career doesn't have to be a one-time, locked-in decision. It's never too late to explore a new opportunity.

Favorite quote?

"I have lived through much, and now I think I have found what is needed for happiness. A quiet secluded life in the country, with the possibility of being useful to people to whom it is easy to do good, and who are not accustomed to have it done to them; then work which one hopes may be of some use; then rest, nature, books, music, love for one's neighbor - such is my idea of happiness. And then, on top of all that, you for a mate, and children, perhaps - what more can the heart of a man desire?" -- Leo Tolstoy

OCTOBER IS PHYSICAL THERAPY MONTH



Proud to be a
physical therapist
assistant

Physical therapist
assistants help people fulfill
their movement goals.

ChoosePT
powered by APTA



Effective August 16, 2022, Wabash Valley College Physical Therapist Assistant Program has been granted Candidate for Accreditation status by the Commission on Accreditation in Physical Therapy Education (3030 Potomac Ave., Suite 100, Alexandria, Virginia 22305-3085; phone: 703-706-3245; email: accreditation@apta.org). If needing to contact the program/institution directly, please call (618) 263-5548 or email hoipkemierl@iecc.edu. Candidate for Accreditation is an accreditation status of affiliation with the Commission on Accreditation in Physical Therapy Education that indicates the program may matriculate students in technical/professional courses. Achievement of Candidate for Accreditation status does not assure that the program will be granted Initial Accreditation.

October is National Physical Therapy Month! This year's theme is "The Value of PT," which highlights the many ways that physical therapy can help people improve their quality of life.

Physical therapy is a healthcare profession that focuses on restoring and maintaining movement and function. Physical therapists work with people of all ages and abilities to help them recover from injuries, manage chronic conditions, and improve their overall fitness and well-being.

Our campus is proud to have a Physical Therapist Assistant (PTA) program. This program prepares students for careers as physical therapist assistants, who work under the supervision of a physical therapist to provide care to patients.

The SPTA (Student Physical Therapist Assistant) club provides opportunities for the students to see the therapy profession in practice. It allows networking between peers and professionals and provides the students with a sense of community.

To participate in National Physical Therapy Month:

- Share, like, and comment on our social media platforms (Instagram, Twitter, Facebook, TikTok, Threads) that have posts that talk about the value of PT.
- Talk to your friends and community members about the benefits of our PTA program (visit our website for information).
- Share our website with others who may be interested in learning more about our PTA program.

If you have any questions about PT or our PTA program, please contact Lisa Hoipkemier, PTA Program Director, at hoipkemierl@iecc.edu or extension 3432.

Thank you for your support of our PTA program!

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